

# Dy Na Mite

COPPERKNOB  
BY STEPHEN HETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Dee Musk (UK) - March 2017  
音乐: Dynamite (feat. Pretty Sister) - Nause : (Single)



#16 Count Intro. Approx 10 seconds - Track approx 3 mins 15 secs BPM 104

Track available from [iTunes.co.uk](https://www.apple.com/itunes)

## S1: Walk R, L, Step Out R, Step Out L, Ball Cross, Press, Behind Side Cross & Cross.

1,2            Walk forward R, L.  
&3&4        Step out R, step out L, close R beside L, cross L over R.  
5,6            Press R to R diagonal, recover weight to L.  
7&8        Cross step R behind L, step L to L side, cross R over L.  
&1            Step L to L side, cross R over L. □ (12 o'clock).

## S2: Rock ¼ Turn R, ¼ Turn R Ball Cross, ½ Turn L Crossing Shuffle, ½ Turn R Sweep.

2,3            Rock L to L side, make a ¼ turn R (weight on R).  
&4            Make a ¼ turn R on ball of R then step on L, cross R over L. (facing 6 o'clock).  
5&6        On ball of R make a ½ turn L and cross L over R, step R to R side, cross L over R.  
7,8        Step down on R making a ½ turn R, sweep L to beside R. (6 o'clock).

## S3: Ball Side Cross, Box ¾ Turn L, Touch Ball Cross, Side.

&1,2        Step down on L, step R to R side, cross L over R.  
3-5        Make a ¼ turn L stepping back on R, make a ¼ turn L stepping forward on L, make a ¼ turn L stepping R to R side.  
6&7        Touch L beside R, step L to L side, cross R over L.  
8            Step L to L side. □ (9 o'clock).

## S4: R Sailor Side, L Sailor ¼ Turn L, Reverse Full Turn R, Sailor Side.

1&2        Cross step R behind L, step L to L side, step R to R side.  
3&4        Cross step L behind R, make a ¼ turn L stepping back on R, step forward on L. (weight on L).  
5,6        Turning back make a full turn R stepping forward on R, stepping back on L.  
7&8        Cross step R behind L, step L to L side, step R to R side. □ (6 o'clock).

\*Restart During Wall 2 - Begin again facing 12 o'clock

\*Restart During Wall 4 - Begin again facing 12 o'clock

## S5: Skate L, R, Chasse L, Skate R, L, Chasse R.

1,2            Skate L in place, skate R in place.  
3&4        Step L to L side, close R beside L, step L to L side.  
5,6            Skate R in place, skate L in place.  
7&8        Step R to R side, close L beside R, step R to R side. (6 o'clock).

## S6: Cross Back, Side Cross Point, Bump Hips Anticlockwise.

1,2            Cross L over R, step back on R.  
&3,4        Step L to L side, cross R over L, point L to L side.  
5-8        Rotating hips anticlockwise bump L, bump back, bump R side, bump L side (or whatever feels natural ).

(Weight ends on L). (6 o'clock).

## S7: Ball Cross Point, Behind Side Cross, ¾ Turn L, Coaster Step.

&1,2        Step R beside L, cross L over R, point R to R side.  
3&4        Cross step R behind L, step L to L side, cross R over L.

5,6            Make a ¼ turn L stepping forward on L, make a ½ turn L stepping back on R.  
7&8            Step back on L, close R beside L, step forward on L. (9 o'clock).

**S8: Step Reverse ½ Turn R, Sailor ¼ Turn R, Cross Back, Hip Bumps L,R,L.**

1,2            Step forward on R, make a reverse ½ turn R stepping back on L.  
3&4            Making a ¼ turn R step R behind L, step L to L side, step R to R side.  
5,6            Cross L over R, step back on R.  
7&8            Step L to L side bumping hips L, R, L. □ (6 o'clock).

**Begin Again**

**Taglet: During Restarts on walls 2 and 4, add an & count stepping L beside R, then begin again.**

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