Can Can Polka

拍数: 32

级数: Beginner / Improver - Contra

编舞者: Olga Simone (FR) - February 2017

音乐: The French Can-can Polka - Billy Cotton & His Band

墙数: 2

Start on Vocals

S1: Right Kick Ball Change X 2, Kick forward, Kick to the right, Right Coaster Step

- 1&2 Right Kick Ball Change
- 3&4 Right Kick Ball Change
- 5 6 Kick Right Forward and diagonally to the right
- 7 & 8 Right Coaster Step

S2: Left Kick Ball Change X 2, Kick Forward, Kick to the Left, Left Coaster Step

- 1 & 2 Left Kick Ball Change
- 3 & 4 Left Kick Ball Change
- 5 6 Kick Left Forward and diagonally to the left
- 7 & 8 Left Coaster Step

S3: Right Kick, Hook, Step Lock Step, Left Kick, Hook, Step Lock Step

- 1 2 Right kick and hook diagonally to the right
- 3 & 4 Step Lock Step (RLR) moving forward
- 5 6 Left kick and hook diagonally to the left
- 7 & 8 Step Lock Step (LRL) moving forward

S4: Right Rocking Chair, Step, Pivot 1/2 Turn Left, Hip Bumps

- 1–2–3-4 Rocking Chair (RLRL)
- 5 6 Right step forward pivot half turn to the left
- 7-8 Hip Bump Right and Left

Tag after the first 4 routines and after the next 4 ones at the end of the dance :

- 1-2-3-4 Right Rocking Chair
- 5-6 Stomp R Stomp L
- 7-8 Clap twice

ENJOY AND HAVE FUN!

Contact: obdance4ever@gmail.com



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