

# Shake Our Pants Off (P)

拍数: 48      墙数: 0      级数: Intermediate Partner  
编舞者: Greg Van Zilen (USA) - March 2017  
音乐: T-Shirt - Thomas Rhett



## Step description by Outta Line Country Dance Instruction

**Starting Position: Facing LOD, single hand hold man's right and ladies left**  
**Intro: 24 count start dancing on lyrics - Mirror Footwork Unless Noted**

**Note: Steps listed are man's footwork, ladies will mirror man unless noted**

### (1-8) Strutting bumps

- 1&2      Angle body slightly L and touch R toe forward bumping hips R, bump L, bump R while dropping heel.  
3&4      Angle body slightly R and touch L toe forward bumping hips L, bump R, bump L while dropping heel.  
5&6      Angle body slightly L and touch R toe forward bumping hips R, bump L, bump R while dropping heel.  
7&8      Angle body slightly R and touch L toe forward bumping hips L, bump R, bump L while dropping heel.

**Note: If you don't like to bump that much just do regular struts 1-toe, 2-drop heel etc.**

### (9-16) Kick & touch, step, turn ½, kick & touch, step turn ¼

- 1&2      Kick right foot forward, step right foot in place, touch left toe to side.  
3,4      Step left foot forward, turn ½ right transferring weight to right foot.  
5&6      Kick left foot forward, step left foot in place, touch right toe to side.  
7,8      Step right foot forward, turn ¼ left transferring weight to left foot.

**Hands: On count 3 release hands then picking up man's left and ladies right on count 4.**  
**On count 8 join in two hand hold, partners are now facing each other, man looking OLOD.**

### (17-24) Hip bumps, rock back, replace, ½ turning shuffle changing sides

- 1&2      Bump hips right, left, right.  
3&4      Bump hips left, right, left.  
5,6      Step right foot back, replace weight onto left foot.  
7&8      ¼ turn left stepping right foot to side, step left foot next to right, ¼ turn left stepping right foot back.

**Hands: On count 5 release man's right and ladies left hands.**

**On count 7 raise man's left and ladies right hands for lady to turn under. Man is now facing ILOD.**

**Footwork note: Ladies direction of turn is right and will be passing FLOD of the man.**

### (25-32) Coaster cross, sway, scissors, sway

- 1&2      Step left foot back, step right foot next to left, cross left foot in front of right.  
3,4      Step right foot to side swaying hips right, sway hips left.  
5&6      Step right foot to side, step left foot next to right, cross right foot in front of left.  
7,8      Sway left foot to side swaying hips left, sway hips right.

**Hands: On count 1 lower man's left and ladies right hands as you rejoin in two hand hold.**

### (33-40) Rock back, replace, ½ turning shuffle changing sides, rock back, replace, step, turn ¼

- 1,2      Step left foot back, replace weight onto right foot.  
3&4      ¼ turn right stepping left foot to side, step right foot next to left, ¼ turn right stepping left foot back.  
5,6      Step right foot back, replace weight onto left foot.  
7,8      Step right foot slightly forward, turn ¼ left transferring weight to left foot.

**Hands:** On count 1 release man's right and ladies left hands. On count 3 raise man's left and ladies right hands for lady to turn under then lowering on count 5. On count 7 join man's right and ladies left hands while releasing man's left and ladies right. On count 8 partners are facing LOD.

**Footwork note:** Ladies direction of turn is left and will be passing FLOD of the man.

**(41-48) Four shuffles traveling LOD turning  $\frac{1}{2}$  on 2nd and 3rd shuffles (or shuffle without turning)**

1&2 Step right foot forward, step left foot next to right, step right foot forward.

3&4  $\frac{1}{2}$  turn right stepping left foot back, step right foot next to left, step left foot back.

5&6  $\frac{1}{2}$  turn right stepping right foot forward, step left foot next to right, step right foot forward.

7&8 Step left foot forward, step right foot next to left, step left foot forward.

**Hands:** Unless not turning release hands on count 2 rejoining on count 6.

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