

Shape of You

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Fiona Murray (IRE) & Roy Hadisubroto (NL) - January 2017
音乐: Shape of You - Ed Sheeran : (Album: Divide)



Intro: □ After 32 counts

Note: □ Start before with feet apart and weight on right foot

[1 – 8] □ Hitches (Arms), Out x2, In, Step, Press, Knee □

- 1 & 2 & Hitch L (1), Step L to left side (&), Hitch R (2), Step R to right side (&) □ 12:00
3 & 4 & Hitch L (3), Touch L down to left side (&), Hitch L (4), Step L to left side (&) □ 12:00
5 & 6 & Step R out to right side (5), Step L out to left side (&), Step R in to centre (6), Step L forward (&) □ 12:00
7 – 8 & Press R forward (7), Twist R knee in (8), Twist R knee back to front (&) □ 12:00

Arms: □ On counts 1 – 4 Bring the arms slowly from side up and across the body down to next to body □

[9 – 16] □ Rock, Recover, Run Back x2, Coaster Step, Lock Step, Sweep ¼ Turn L, Hold □

- 1 – 2 & Rock R forward (1), Recover on L (2), Step R backwards (&) □ 12:00
3 – 4 & Step L backwards (3), Step R backwards (4), Step L next to R (&) □ 12:00
5 & 6 Step R forward (5), Lock L behind R (&), Step R forward (6) □ 12:00
7 – 8 Step L forward and Turn ¼ L Sweeping R from back to front (7), Hold (8) □ 9:00

[17 – 24] □ Step, Together R L, Out x2, In x2, Step, Jump x2 □

- 1 – 2 Step R diagonally forward and bend both knees (1), Touch L next to R and straighten both knees (2) □ 9:00
3 – 4 Step L diagonally forward and bend both knees (3), Touch R next to left and straighten both knees (4) □ 9:00
5 & 6 & Step R heel to right side (5), Step L heel to left side (&), Step R back to centre (6), Step L next to R (&) □ 9:00
7 – 8 & Step R forward (7), Jump forward closing L next to R with body angled 1/8 L (8), Jump forward body with angled 1/8 L (&) □ 9:00

[25 – 32] □ Mambo ¼ Turn L, Full Turn R, Syncopated Sailor Steps, Rock Step, □

- 1 & 2 ¼ Turn L Step R to right side (1), Step L to left side (&), Cross R over L (2) □ 6:00
3 & 4 ¼ Turn R Step L backwards (3), ½ Turn R Step R forward (&), ¼ Turn R Step L to left side (4) □ 6:00
5 & 6 Cross R behind L (5), Step L diagonally forward (&), Step R to R side (6) □ 6:00
& 7 & 8 & Cross L behind R (&), Step R diagonally forward (7), Step L to left side (&), Rock R backwards (8), Recover on L (&) □ 6:00

[33 – 40] □ Basic Samba R L, Samba Walks, Ball Lock, Ball Step □

- 1 a 2 Step R to right side (1), Rock L backwards (&), Recover on R (2) □ 6:00
3 a 4 Step L to left side (3), Rock R backwards (&), Recover on L (4) □ 6:00
5 – 6 Step R forward (5), Step L forward (6) □ 6:00
& 7 a 8 Step forward on ball of R (&), Lock L behind R (7), Step R forward (&), Step L forward (8) □ 6:00

[41 – 48] □ Paddle ½ Turn L (with Shake), Cross Samba R L □

- 1 & 2 & ⅛ Turn L and Rock R to R side (1), Recover on L (&) ⅛ Turn L and Rock R to R side (2), Recover on L (&) □ 3:00
3 & 4 & ⅛ Turn L and Rock R to R side (3), Recover on L (&) ⅛ Turn L and Rock R to R side (4), Recover on L (&) □ 12:00
5 a 6 Cross R over L (5), Step L to left to left side (&), Step R diagonally forward R (6) □ 12:00

7 a 8 Cross L over R (7), Step R to right side (&), Step L diagonally forward L (8) □12:00

[49 – 56] □¼ Volta, Half Samba Diamond □

1 a 2 a ⅛ Turn R and Step R forward (1), ⅛ Turn R and Lock L behind R (&) ⅛ Turn R and Step R forward (2), ⅛ Turn R and Lock L behind R (&) □4:30

3 a 4 ⅛ Turn R and Step R forward (3), ⅛ Turn R and Lock L behind R (&), Step R forward (4), □9:00

5 a 6 & Cross L over R (&), Step R to R side (5), ⅛ Turn L and Step L backwards (6), Hitch R (&) □7:30

7 a 8 Step R backwards (7), ⅛ Turn L and Step L to L side (&), ⅛ Turn L and Step R forward (8) □3:00

[57 – 64] □Cross, Hold, Ball Lock, Unwind, Bachucadas, Jump In Out □

1 - 2 ⅛ Turn L and Cross L over R (1), Hold (2) □3:00

& 3 - 4 Step R to right side (&), Cross L behind R (3), Unwind full turn L weight ended on R (4) □3:00

5 & a Press L forward (5), Recover on R (&), step L backwards (a),

6 & a Press R forward (6), Recover on L (&), step R backwards (a), □3:00

7 & 8 & Press L forward (7), Recover on R (&) Jump both feet together (8), Jump both feet apart (&) □3:00

START AGAIN AND HAVE FUNNNN □

Last Update – 2nd March 2017
