

Bop It

拍数: 32 墙数: 4 级数: Beginner
编舞者: Laura Gordon (USA) - March 2017
音乐: What Ifs (feat. Lauren Alaina) - Kane Brown



Dance begins after 16 counts (when lyrics start)

[1-8] STEP R, CLAPS, HOLD, STEP L, CLAPS, HOLD

1 Step R foot R and bring R hand out and palm facing out (1)
2&3 Clap L hand to R hand (2); slap knee with L hand (&); clap (3)
4 Hold (4)
5 Step L foot L and bring L hand out and palm facing out (5)
6&7 Clap R hand to L hand (6); slap knee with R hand (&); clap (7)
8 Hold (8)

[9-16] ROCK RECOVER X 2, WALK BACK X2 (SCISSOR STEPS), COASTER STEP

1,2& Rock forward R (1); recover back on L (2); close R next to L (&)
3,4 Rock forward L (3); recover on R (4)
5,6 Walk back L (5); walk back R (6) (or scissor steps back)
7&8 Step L back (7); close R next to L (&); step L forward (8)

(*You will have a Tag here on the 9th wall)

[17-24] SIDE TOUCH, SLIDE R, SIDE TOUCH, SLIDE L

1,2 Point R toe to R side (1); touch R next to L (2)
3,4 Slide to the R (3) as you drag your L foot in to touch next to your R foot (4)
5,6 Point L toe to L side (5); touch L next to R (6)
7,8 Slide to the L (7) as you drag your R foot in to touch next to your L foot (8)

[25-32] ROCKING CHAIR, JAZZ BOX WITH A ¼ TURN RIGHT

1,2 Rock forward on R (1); recover weight on L (2)
3, 4 Rock back on R (3); recover weight on L (4)
5,6 Cross R over L (5); step L out on L (6)
7,8 Make ¼ turn R stepping R forward (7); step L next to R (8) (3:00)

*Tag : wall 9 after 16 counts

[1-2] CROSS STEP, 1/2 TURN L UNWIND

1,2 Step R foot across L (1), hold (2)
3,4 unwind 1/2 turn L (3), hold (4) (6:00)

Restart after Tag - this will be done on the 9th wall, the second time you're facing the front wall.

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Last Update - 26 July 2019