

Gotta Lot Of Rhythm / Gotta A Lot Of Rhythm

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Roger Neff (USA) - February 2017
音乐: Gotta Lot of Rhythm in My Soul - Niamh Lynn



Intro: 16 Counts

[1-8] □ Rumba Box with Shuffles Forward and Back

1-2,3&4 Step L, Step R beside L, Shuffle fwd
5-6,7&8 Step R, Step L beside R, Shuffle back

[9-16] □ Walk Back L, R, Coaster Step, Step Forward with ¼ Turn to L, K-B-C

1-2,3&4 Walk back L, R, Step back on L, Step R beside L, Step fwd on L
5-6,7&8 Step fwd on R, Turn ¼ to L and step on L, Low kick with R, Rec on ball of RF, Step on L beside R

[17-24] □ R Heel Bounces X 3, L Heel Bounces X 3, R and L Heel Touches, R Heel Bounce, Heel Splits

1&2,3&4 Bounce R heel X 3, Bounce L heel X 3
5&6& Touch R heel fwd, Step in place, Touch L heel fwd, Step in place
7&8 Bounce R heel (7), Split heels out, in (&8)

[25-32] □ R Shuffle Back, L Shuffle Back, Walk Back R, L, Coaster Cross

1&2,3&4 Shuffle back R,L,R, Shuffle back L,R,L
5-6,7&8 Walk back R, L, Step back on R, Step L beside R, Step R over L

Contact Roger at: lingofun@sbcglobal.net