

Let Your Love Flow (隨愛飛舞) (zh)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Nina Chen (TW) - 2017年03月
音乐: Let Your Love Flow - Ray Dylan



Intro: 16 counts - No Tag ! No Restart !!

S1: FWD SHUFFLE - FWD ROCK - RECOVER - FWD SHUFFLE 3/4 L - FWD ROCK - RECOVER

1&2, 3-4 Fwd shuffle (R L R) - Rock LF fwd - Recover onto RF
5&6, 7-8 Fwd shuffle (L R L) 3/4 turn L (9:00) - Rock RF fwd - Recover onto LF
1&2, 3-4 前交換步 (右 左 右) - 左足前下沉 - 重心回右足
5&6, 7-8 前交換步 (左 右 左) 向左轉3/4 (9:00) - 右足前下沉 - 重心回左足

S2: CHASSE R - ROCK BACK - RECOVER - SIDE - BEHIDE - 1/4 L FWD SHUFFLE

1&2, 3-4 Sep RF to R - Step LF beside RF - Sep RF to R - Rock LF back - Recover onto RF
5&6, 7-8 Step LF to L - Step RF behind LF - ¼ turn L (12:00) fwd shuffle (L R L)
1&2, 3-4 右足右踏 - 左足併踏右足旁 - 右足右踏 - 左足後下沉 - 重心回右足
5&6, 7-8 左足左踏 - 右足後跨 - 左轉 1/4 (12:00) 前交換步 (左 右 左)

S3: SIDE ROCK - RECOVER - CROSS SHUFFLE - BUMP HIPS - SWAY

1-2, 3&4 Rock RF to R - Recover onto LF - Cross shuffle (R L R)
5&6, 7-8 Bump hips (L R L) - Sway to R - Sway to L (Slightly lift RF)
1-2, 3&4 右足右下沉 - 重心回左足 - 跨交換步 (右 左 右)
5&6, 7-8 推臀 (左 右 左) - 向右搖臀 - 向左搖臀 (可稍微抬起右足)

S4: CHASSE R - 1/4 L CHASSE L - (R & L) HEEL SWITCH - KICK BALL CHANGE

1&2, 3&4 Sep RF to R - Step LF beside RF - Sep RF to R - 1/4 turn L (9:00) step LF to L - Step RF
beside LF - Step LF to L
5&6&, 7&8 Touch R Heel fwd - Step RF beside LF - Touch L Heel fwd - Step LF beside RF - Kick RF fwd
- Step RF beside LF - Step LF inplace
1&2, 3&4 右足右踏 - 左足併踏右足旁 - 右足右踏 - 左轉1/4 (9:00) 左足左踏 - 右足併踏左足旁 - 左足左踏
5&6&7&8 右足跟前點 - 右足回併踏 - 左足跟前點 - 左足回併踏 - 右足前踢 - 右足回踏 - 左足原地踏

Have Fun & Happy Dancing !!!

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