

Always Be

拍数: 120 墙数: 2 级数: Phrased Advanced
编舞者: Serena Salomoni (IT) - February 2017
音乐: How I'll Always Be - Tim McGraw



Sequence: A, A, B, A, B, A+RESTART, A, TAG, B, A

PART A (56 Count – 2 WALL)

A1: Step 1/4 to Right, Stomp, Toe, Heel, Hook, Shuffle, Hook, Slide, Stomp Left and Stomp Right

1-2 Step 1/4 to Right and Stomp LF beside RF
&3-4 Toe LF beside RF and turn 1/4 to left, heel LF, hook with LF Over RF
&5&6 Shuffle LF, RF, LF and Hook Right behind LF
7&8 Slide Back RF And Stomp LF , Stomp RF Beside LF

A2: Monterey turn 1/2 Right, Hook, Lock Step, Scuff

1-2 Touch toe right side, turn 1/2 right
3-4 Touch toe left side and Hook left behind RF
5-6 Step forw left on diagonal left and step right cross behind LF
7-8 Step forw left on diagonal left and Scuff to right beside LF

A3: Wave right, Poin right, Step, Point left, Toe forw

1-2 Step right side, step left cross behind step right
3-4 Step right side, step left cross over step right
5-6 Point right side and step right forw
7-8 Point left side and touch toe left forw

A4: Point Left, Step, Jumping Rock Step, Rock Forw, Turn 1/2 right, Scuff

1-2 Point Left and step left back
3-4 Jumping Rock Back Right
5-6 Rock Step Right Forw and Turn 1/2 right
7-8 Step right and Scuff left beside RF

A5: Jazz box, Step Forw, Rock Step, Turn 1/2 left, Step, Scuff

1-2 Step left cross over RF, Step right back on diagonal right
3-4 Step left side RF and Step Right forw
5-6 Rock Step left Forw and Turn 1/2 left
7-8 Step left forw and Scuff Right beside LF

A6: Jazz box, Point, Hook, Turn 1/2 left, Kick, Rock Step, Turn 1/2 left, Scuff

1-2 Step right cross over LF and Step left back on diagonal left
3-4 Step Right side LF and Step next left to RF
&5&6 Point Left side, Hook left behind RF, Turn 1/2 left, Kick Left forw and Rock step LF
7-8 Turn 1/2 left step left forw and Scuff RF beside LF

A7: Jazz box, Jumping Rock Step, Stomp (twice)

1-2 Step right cross over LF and Step left back on diagonal left
3-4 Step Right side LF and Step next left to RF
5-6 Jumping Rock Step RF Back
7-8 Twice Stomp Right Together LF

PART B (64 COUNT – 1 WALL)

B1: Jumping Cross Right (Twice) Jumping Cross Left (Twice)

1-2 Jumping to left with RF cross over LF

- 3-4 Jumping to left with RF cross over LF
- 5-6 Jumping to right with LF cross over RF
- 7-8 Jumping to right with LF cross over RF

B2: Turn 1/2 left, Kick, Turn 1/2 Left, Kick, Slide, Stomp (Twice)

- 1-2 Jumping Turn 1/2 left and Kick Right and step right
- 3-4 Jumping Turn 1/2 left and Kick Left and close step Right beside LF
- 5-6 Slide with RF Back on diagonal right
- 7-8 Stomp LF and Stomp RF

B3: Heel Right, Heel Left, Lock Step, Step Right, Step Left, Step forw, HOLD

- 1-2 Heel Right forw on diagonal right and Heel left side RF on diagonal right
- 3-4 Step Right back and Step left cross over RF
- 5-6 Open Step right back and Step left side RF
- 7-8 Step Right cross over forw LF and HOLD

B4: Rolling Full Turn, Stomp (Twice), Apple Jack Alter, Kick (Twice)

- 1-2 Rolling Full Turn 4/4 Right Forw
- 3-4 Stomp Right and Stomp Left beside RF
- 5-6 Swivel Right Toe and Left Heel to left side
- 7-8 Kick Right Forw (Twice)

B5: Rock Step, Toe Strut Turn 1/2 left, Rock Step, Stomp, Kick Side

- 1-2 Rock Step back with RF
- 3-4 Turn 1/2 to left and Toe Strut with RF
- 5-6 Rock Step back with LF
- 7-8 Stomp Left Beside RF and Kick Left Side

B6: Cross, Turn 1/4 Left, Step, Heel, Step, Turn 3/4 right, Toe, Step, Hold

- 1-2 Cross with LF over RF And Turn 1/4 left and Step right back
- 3-4 Heel left forw on diagonal left and Step
- 5-6 Touch right toe behind LF and Turn 3/4 Right
- 7-8 Step forw right and HOLD

B7: Step, Heel R, Step, Heel L, Step, Touch Toe, Turn 1/2 right, Lock Step, Hold

- 1&2 Step Left side, Heel Right Forw and Step right side
- &3&4 Heel Left Forw, Step right side, Touch right Toe cross behind LF and Turn 1/2 Right, step
- 5-6 Step Right Forw and Step left cross behind RF
- 7-8 Step Right Forw and HOLD

B8: Pivot 1/2 Right, Hold (Twice), Rolling Full Turn, Stomp (Twice)

- 1-2 Step Left Forw and Pivot 1/2 Right
- 3-4 Hold (twice)
- 5-6 Step Left Forw and Rolling Full Turn 4/4 right
- 7-8 Stomp Left forw and Stomp right beside LF

Restart on 6° Wall, Parte A after 44 Count – After “Jazz Box” and Before “Point Left Side”

TAG (8 COUNT) – Tag 8° Wall, Finish Part A And Tag

Rocking chair, Toe strut (twice)

- 1-2 Rock Right forw
- 3-4 Rock Right back
- 5-6 Toe Strut right and Turn 1/2 left
- 7-8 Toe Strut left and turn 1/2 left

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