Black & White Country Funk

COPPER KNOB

拍数: 32

墙数:4

级数: High Intermediate

编舞者: Hanna Pitkänen (FIN) & Laura Hannele Pitkänen (FIN) - November 2016

音乐: Black & White - Ignatius : (Album: Kameleontti - Spotify)



Intro: 16 counts

[1-8]: Rock L, behind side cross, Rock R behind side cross

- 1-2 Rock L to L side, recover to R
- 3&4 Step L behind R, step R to R side, step L over R
- 5-6 Rock R to R side, recover to L
- 7&8 Step R behind L, step L to L side, step R over L

[9-16] Unwind full turn with a sweep, behind side cross, turn ¼ R, Lock L behind, step fwd R, scuff L

- 1-2 Unwind full turn L, sweep L front to back
- 3&4 Step left behind R, Step R to R side, step L over R
- 5-6 1/4 turn R step R fwd, lock L behind R
- 7-8 Step R fwd, Scuff L
 Restart/tag here on 3rd wall: 1/2 turn R on count 8

[17-24] Hitch $\frac{1}{2}$ turn R, Step L, $\frac{1}{4}$ turn R cross R over L, $\frac{1}{4}$ turn L step fwd L, $\frac{1}{4}$ turn R cross R over L, $\frac{1}{4}$ turn L with rock fwd L recover, touch back L step back L with a bodyroll

- 1-2 Hitch L making a ½ turn R, Step L fwd
- 3-4 ¹/₄ turn R crossing R over L, ¹/₄ turn L stepping L fwd
- 5-6 ¹/₄ turn R crossing R over L, ¹/₄ turn L rock L fwd

*3-6, styling: bend knees when turning R, straighten when turning L

- 7 recover to R
- 8&1 Touch L back (lean shoulders slightly back), Transfer weight to L (sit on 1)*bodyroll*
- Easier option: 8&1 Touch L back, Transfer weight to L on 1

[25-32] Walk back R L, heel swivel R, step fwd R, Point L side, point R side, point L side, rock L with a bodyroll

- 2-3 Step back R, Step back L
- 4-5 swivel R heel to R, swivel R heel to center transferring weight to R
- 6&7& Point L to L side, step L next to R, point R to R side, step R next to L
- 8&1 Point L to L side (leaning slightly to L), transfer weight to L (1 is the first count of the next wall) *bodyroll*

Easier option: 8-1 Point L to L side, rock L to L side

RESTART/TAG*: happens on 3rd wall after 15 counts. Make a ½ turn R on count 16, keep weight on R, start again.

Styling from the choreographers: At the beginning of the dance snap your fingers on count 16 before starting and at the Restart do it again or you can make a quick pose when he sings -aah!-. Third time snap your fingers at the end of wall 8 (on the word "AND" from the lyrics).

Have fun dancing!

Last update 21.2.2017