Pedal To The Metal



拍数: 64 墙数: 2 级数:

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音乐: Roads We've Never Taken - High Valley: (Album: Dear Life)



(Intro: 16 counts)

OUT, OUT-BACK, COASTER CROSS, SIDE SHUFFLE, BACK, ROCK

1,2 Step R forward at 45 degrees right, step L forward at 45 degrees left,

& Step R back,

3&4 Coaster Cross: step L back, step R together, step L across in front of right,

5&6 Side shuffle right: R-L-R,

7,8 Step L behind right, rock forward onto right. (12:00)

1/4 TURN, 1/2 TURN, 1/4 SIDE SHUFFLE, 1/4 SIDE SHUFFLE, COASTER STEP

1,2 Turn 90 degrees left step L forward, turn 180 degrees left step R back, (3:00)

Turn 90 degrees left side shuffle: L-R-L, (12:00)
Turn 90 degrees left side shuffle: R-L-R, (9:00)

7&8 Coaster Step: step L back, step R together, step L forward. (9:00)

DOROTHY STEP, DOROTHY STEP, PADDLE TURN, SHUFFLE ACROSS

1,2& Dorothy: step R forward, lock left behind right, step R together, 3,4& Dorothy: step L forward, lock right behind left, step L together,

5,6 Paddle turn: step R forward, turn 90 degrees left take weight onto left,

7&8 Shuffle R across in front of left: R-L-R. (6:00)

1/4 TURN, 1/4 TURN, SHUFFLE ACROSS, SIDE SHUFFLE, 1/2 TURN SAILOR STEP

1,2 Turn 90 degrees right, step L back, turn 90 degrees right step R to the side, (12:00)

3&4 Shuffle L across in front of right: L-R-L,

5&6 Side shuffle right: R-L-R,

7&8 *□Turning 180 degrees left sailor step: L-R-L. (6:00)

KICK-BALL, CROSS, SIDE SHUFFLE, BEHIND-SIDE-ACROSS, SIDE ROCK

1&2 Kick R forward at 45 degrees right, step R together, step L across in front of right,

3&4 Side shuffle to the right: R-L-R,

Step L behind right, step R to the side, step L across in front of right,

7,8 Step R to the side, side rock onto left. (6:00)

BEHIND-SIDE-ACROSS & ACROSS & ACROSS, BACK-HEEL-TOGETHER-CROSS, BACK-HEEL-TOGETHER-TOUCH

1&2 Step R behind left, step L to the side, step R across in front of left,

Step L to the side, step R across in front of left,Step L to the side, step R across in front of left,

&5&6 Step L back at 45 degrees left, touch R heel forward, step R together, step L across in front

of right,

&7&8 Step R back at 45 degrees right, touch L heel forward, step L together, touch R together.

(6:00)

& FORWARD, BACK, ½ TURN SHUFFLE, ½ TURN SHUFFLE, COASTER STEP

& **1,2□Step R back, step L forward, rock back onto right,

Turning 180 degrees left shuffle forward: L-R-L,
 Turning 180 degrees left shuffle back: R-L-R,

7&8 Coaster Step: step L back, step R together, step L forward. (6:00)

TOGETHER-FORWARD, SCUFF-FORWARD-TOE-BACK-HEEL, TOGETHER, FORWARD, BACK, COASTER STEP

&1,2 Step R together, step L forward, scuff R forward,

&3&4 Step R forward, touch L toe together, step L back, touch R heel forward,

&5,6 Step R together, step L forward, rock back onto right,

7&8 **□Coaster Step: step L back, step R together, step L forward. (6:00)

[64]□REPEAT

TAG: On wall 2, dance the first 32 counts (*) then add the following 6 count Tag, then continue the dance from

Counts 49 – 64 (**), so you will be doing the last 16 counts of the dance, then start the dance again.

1&2 Kick R forward, step R together, touch L toe to the side,3&4 Coaster Step: step L back, step R together, step L forward,

&5,6 Step R together, step L a big step forward, drag to touch R together.

On wall 4, dance the first 32 counts (*) add the tag and then restart the dance from the beginning.

At the end of wall 5 (facing the back) add the 6 count tag and then restart from the beginning.

To finish the dance at the front wall, you will be starting your last wall at the front, simply do the first counts of the dance.

Sequence:

Wall 1: 64

Wall 2: 32 + 6 count tag, repeating the last 16 counts (49-64)

Wall 3: 64

Wall 4: 32 + 6 count tag, restart from the beginning Wall 5: 64 + 6 count tag, restart from the beginning

Wall 6: 64 Finish

I know it looks a little daunting on paper, but it's not really that bad, the music really does tell you.

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