

Set It Off

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Gail A. Dawson (USA) - January 2017
音乐: Set It Off - Strafe



#40 count intro *** No Tags, No Restarts

Vine With Heel Jack, Vine With Heel Jack

1, 2 Step L to L, step R behind L
& 3 Step L to L, touch R heel diagonally forward
& 4 Step R next to L, cross L over R
5, 6 Step R to R, step L behind R
& 7 Step R to R, touch L heel diagonally forward
& 8 Step L next to R, cross R over L

Walk, Walk, Walk, Kick, Walk, Walk, Walk, Kick

1, 2 Step L forward, step R forward
3, 4 Step L forward, kick R forward
5, 6 Step R back, step L back
7, 8 Step R back, kick L forward

Rock, Recover, Behind, Side, Cross, Rock, Recover, Behind, Side, Cross

& 1, 2 Step L next to R, turning $\frac{1}{4}$ counter clockwise (9:00) rock R, recover weight to L
3 & 4 Cross R behind L, step L to L, cross R over L
5, 6 Rock L to L, recover weight to R
7 & 8 Cross L behind R, step R to R, cross L over R

Press, Cross, Press, Cross, Press, Cross, Press, Touch

1, 2 Step R to R putting partial weight on ball of foot, cross R over L
3, 4 Step L to L putting partial weight on ball of foot, cross L behind R
5, 6 Step R to R putting partial weight on ball of foot, cross R behind L
7, 8 Step L to L putting partial weight on ball of foot, touch L beside R

*** Choreographed to a version on the CD Hip-O! Skool so it starts just before the vocals. Other versions add 4 hard beats in the beginning and an additional 32 counts before the vocals start, so you may want to start 8 counts after the 4 hard beats instead of waiting 72 counts to start with the vocals

Contact: (free2bgad@gmail.com)