Big Woman Caribbean Calypso



拍数: 64 墙数: 1 级数: Beginner

编舞者: Russell Breslauer (USA) - February 2017

音乐: Big Panty Woman (Radio Mix) - The Barefoot Man



or "Caribbean Calypso" by the Dean Brothers

or any Caribbean Calypso

(1 or 4 walls)

Based on the Ballroom Sequence taught by Jeffrey Dobinson and Brenda Twigg

S1: FORWARD BACK

1-4 Step forward on Left. Right Left touch Right5-8 Step back on Right. Left, Right, touch Left

S2: SIDE TOGETHERS LEFT AND RIGHT

1-4 Step left on Left. Right next to left, Left to left touch Right next to left

5-8 Step right on Right. Left next to right, Right to right, touch Left next to right

S3: FORWARD BACK

1-4 Step forward on Left. Right Left touch Right5-8 Step back on Right. Left, Right, touch Left

S4: SIDE TOGETHERS LEFT AND RIGHT

1-4 Step left on Left. Right next to left, Left to left touch Right next to left

5-8 Step right on Right. Left next to right, Right to right, touch Left next to right

S5: SIDE CROSS SIDE KICK X 2

1-4 Step left on Left. Right over left, Left to left Kick Right
5-8 Step right on Right. Left over right, Right to right, Kick Left

Can be done with ¼ left turn on step 1 LR, ½ right turn on step 4, ¼ left turn on step 8

S6: SIDE CROSS SIDE KICK X 2

Step left on Left. Right over left, Left to left kick with Right
Step right on Right. Left over right, Right to right, kick the Left

*Can be made a 4-wall dance with step 7 being 1/4 Left.

Can be done with 1/4 left turn on step 1 L R, 1/2 right turn on step 4, 1/4 left turn on step 8

S7: SIDE TOUCH X 4

Step left on Left. Touch Right next to left, Right to right touch Left next to right
 Step left on Left. Touch Right next to left, Right to right touch Left next to right

S8: SIDE TOGETHERS LEFT AND RIGHT

1-4 Step left on Left. Right next to left, Left to left touch Right next to left

5-8 Step right on Right. Left next to right, Right to right, touch Left next to right

REPEAT

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