

# Sweet Old Rock And Roll (EZ)

**COPPER** **KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Easy Beginner  
编舞者: Molly Yeoh (MY) - February 2017  
音乐: Old Time Rock & Roll - Michael Bolton



(Check U tube : Frontiers Music srl )

**INTRO: 16 COUNTS - NO TAG, NO RESTART**

**OPEN OPEN CLOSED CLOSED, FORWARD STEP HITCH, TWICE**

1-2            Step fwd diagonal right to right, step diagonal left to left  
3-4            Step back R and step back L beside R  
5-6-7-8       Step right fwd , left hitch, left fwd, right hitch

**TOE STRUT BEHIND, TOE HEEL FRONT, ¼ LEFT TURN**

1-2            Step R fwd down, L toe strut behind R  
3-4            Step L down, R fwd heel  
5-6            Repeat 1-2  
7-8            L ¼ turn step down, R step beside L( face 9 o'clock)

**VINE TO RIGHT, R CHASSE, L ROCK BACK RECOVER, RIGHT TOUCH**

1-2-3-4       R step to R, L behind, R step to R, L cross over R  
5&6            Step R to R, L closed on R, R step to R,  
7-8            L rock back recover with R heel touch fwd

**RIGHT FORWARD, LEFT TOUCH TO LEFT, LEFT FORWARD, RIGHT TOUCH TO RIGHT SIDE, PADDLE  
¼ LEFT TURN,STEP DOWN**

1-2, 3-4       Step R fwd down, L point to L, step L fwd, R point to R  
5-6            R step fwd with a ¼ Left turn, L step beside R (face 6 o' clock)  
7-8            R step beside L, L step on spot.

Hope your beginners can enjoy this dance too! Thank you and let's ROCK!

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