

# The Shape of You

COPPERKNOB  
BY SHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Emma Skov Støttrup Mainz (DK) & Lene Mainz Pedersen (DK) - February 2017  
音乐: Shape of You - Ed Sheeran : (iTunes)



**Intro - 16 counts - No Tags, No Restarts!**

## **(1-8) SAMBA R + L, PART OF DIAMANT R**

1&2      Cross R infront of L (10:30), Rock L to L side (12:00), Recover on R (1:30)  
3&4      Cross L infront of R, Rock R to R side (12:00), Recover on L  
5&6      Cross R infront of L, Step back on L (1:30), Step Back on R  
7&8      Step L behind R, Step R to R side (3:00), Cross L infront of R

## **(9-16) TOUCH R, ROCK R, RECOVER, BEHIND SIDE CROSS, TOUCH L, ROCK L, BEHIND 1/4 TURN R**

&1-2      Touch R toe beside L (4:30), Rock R fw to R diagonal, Recover on L (3:00)  
3&4      Step R behind L, Step L to L side, Cross R infront of L  
&5-6      Touch L toe beside R (1:30), Rock L fw to L diagonal, Recover on R (3:00)  
7-8      Step L behind, Turn ¼ R Step R fw (6:00), Step L fw

## **(17-24) TOUCH R, STEP R FW, FAN R HEEL OUT & IN, COASTER, STEP 1/2 TURN R, SHUFFLE 1/2 TURN R**

&1&2      Touch R toe beside L, Lean fw while Stepping fw on R, Fan R Heel out to R, Fan R Heel back to center  
3&4      Step back on R, Step L beside R, Step R fw  
5-6      Step L fw, Turn ½ R step R fw (12:00)  
7&8      Step ¼ R Step L to L side (3:00), Step R beside L, Step ¼ R step back on L (6:00)

## **(25-32) STEP 1/4 R, POINT L, HOLD, BALL CROSS SHUFFLE, SIDE ROCK, SAILOR**

&1-2      Step ¼ R step R to R side (9:00), Point L to L side, HOLD  
&3&4      Step L beside R, Cross R infront of L, Step L to L side, Cross R infront of L  
5-6      Rock L to L side, Recover on R  
7&8      Cross L behind R, Step R to R side, Step L to L side (7:30)

**Ending: After Count 30 facing (3:00): Sailor ¼ L, Step R fw (12:00) Poooooose ☐**

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