

# Fill-a Me Up (Christian Song)

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Ultra Beginner  
编舞者: Betty Lee (CAN) - February 2017  
音乐: Fill-a Me Up



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## SECTION 1: R SUGAR FOOT, CROSS, HOLD; L SUGAR FOOT, CROSS, HOLD

1-4      Touch R toes to instep of LF, Touch R heel to instep of LF, Cross R over L, Hold  
5-8      Touch L toes to instep of RF, Touch L heel to instep of RF, Cross L over R, Hold

## SECTION 2: WEAVE TO R, SIDE ROCK, CROSS, HOLD

1-4      Step R to R, Step L behind R, Step R to R, Cross L over R  
5-8      Rock step R to R side, Recover onto L, Cross R over L, Hold

## SECTION 3: WEAVE TO L, FORWARD ROCK, ¼ L SIDE, HOLD

1-4      Step L to L, Step R behind L, Step L to L, Cross R over L  
5-8      Step forward L, Recover onto R, ¼ turn L stepping L to side, Hold

## SECTION 4: R FORWARD MAMBO, HOLD, L BACK MAMBO, HOLD

1-4      Step forward R, Recover to L, Step R back slightly, Hold  
5-8      Step back L, Recover to R, Step forward L slightly, Hold

**REPEAT**

God is good, God is Love!

Please email me @ [bettysmlee@live.ca](mailto:bettysmlee@live.ca) for music.

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