

Eres Mia (P)

COPPERKNOB
BY STEPHENETS

拍数: 64 墙数: 0 级数: Intermediate Bachata Partner
编舞者: Jasmine Leong (MY) & Ivy Low (MY) - February 2017
音乐: Eres Mía - Romeo Santos



Direction: This best to be danced in circle as we are changing partners. Suggested to have Person B inner circle and Person A outer circle facing each other.

Start dance after 4x8's.

Note: The first 8 counts at the beginning of the dance is freestyle (you may act out some intro) then continues with SET 2. Just to fit in the music.

Person A:

SET A1: R SIDE, TOGETHER, SIDE BUMP, L SIDE TOGETHER SIDE BUMP

- 1-4 Step RF to R, Step LF next to RF, Step RF to R, Touch LF next to RF with a L hip bump (up, down)
5-8 Step LF to L, Step RF next to L, Step LF to L, Touch RF next to LF with a R hip bump (up, down)

SET A2: R ROLLING VINE, L SIDE TOGETHER SIDE BUMP

- 1-4 ¼ R stepping RF fwd , Step back LF ½ R, Step RF ¼ R, Touch LF next to RF with a L hip bump (up, down)
5-8 Step LF to L, Step RF next to LF, Step LF to L, Touch RF next to LF with a R hip bump (up, down)

SET A3: WALK FORWARD RLR BUMP, WALK BACK LRL BUMP

- 1-4 Step RF forward, Step LF forward, Step RF forward, Touch LF next to RF with L hip bump
5-8 Step LF back, Step RF back, Step LF back, Touch RF next to LF with R hip bump

SET A4: SYNCOPATED SIDE TOUCHES, HIP ROLL, TOUCH

- 1&2& Step RF to R, Touch LF next to R, Step LF to L, Touch RF next to L
3-4 Step RF to R, Touch LF next to R
5-8 Step LF to L rolling hip from L to R in 3 counts weight on LF (7) drag RF next to LF (8)

SET A5: SLOW WALKS RL, ROCK SIDE ½ TURN R

- 1-4 Step RF forward, Hold, Step LF forward, Hold
5-6& Step RF forward, Step LF forward, ½ R pivot turn
7-8 Step LF forward, Touch RF next to LF with a R hip bump (up down)

SET A6: ROCK, HIP PUSH, STEP TOUCH, ROCK, HIP PUSH, STEP TOUCH

- 1-4 Step on ball of RF diagonally R (7.30) pushing hip forward (1) push hip back (2) push hip forward stepping down on RF (3) drags LF next to RF (4)
5-8 Step on ball of LF diagonally L (4,.30) pushing hip forward (5) push hip back (6) push hip forward stepping down on LF (7) drag RF next to LF (8)

SET A7: R ROCKING CHAIR, R SAMBA, L ROCKING CHAIR, L SAMBA

- 1&2& Cross rock RF over LF, recover on LF, rock RF back, recover on LF
3&4 Step RF forward, LF to L, Step RF forward diagonal R (7.30)
5&6& Cross rock LF over RF, recover on RF, rock LF back, recover on RF
7&8 Step LF forward, RF to R, Step LF forward 1/8 L (6.00)

SET A8: FORWARD ½ L TURN, STEP, TOUCH, ROLLING VINE L (CHANGE PARTNER)

- 1-4 Step RF forward, ½ L pivot, Step RF forward, Touch LF next to R with a L hip bump

5-8 ¼ L stepping fwd LF, ½ L Step back RF, Step LF ¼ L, Touch RF next to LF with a R hip bump

Person B:

SET B1: L SIDE TOGETHER SIDE BUMP, R SIDE TOGETHER SIDE BUMP

1-4 Step LF to L, Step RF next to L, Step LF to L, Touch RF next to LF with a R hip bump (up, down)

5-8 Step RF to R, Step LF next to RF, Step RF to R, Touch LF next to RF with a L hip bump (up, down)

SET B2: L SIDE TOGETHER SIDE BUMP, R ROLLING VINE

1-4 Step LF to L, Step RF next to LF, Step LF to L, Touch RF next to LF

5-8 ¼ R stepping RF fwd, ½ L stepping LF back, ¼ L stepping fwd, Touch LF next to RF

SET B3: BACK TOGETHER BACK TOUCH, FORWARD TOGETHER FORWARD TOUCH

1-4 Step LF back, Step RF back, Step LF Back, Touch RF next to LF with R hip bump

5-8 Step RF forward, Step LF forward, Step RF forward, Touch LF next to RF with L hip bump

SET B4: SYNCOPATED SIDE TOUCHES, HIP ROLL, TOUCH

1&2& Step LF to L, Touch RF next to LF, Step RF to R, Touch LF next to RF

3-4 Step LF to R, Touch RF next to LF

5-8 Step RF to R rolling hip from R to L in 3 counts ends weight on RF (7) drag LF next to RF (8)

SET B5: SLOW WALKS L R, STEP SIDE ½ TURN L

1-4 Step LF forward, Hold, Step RF forward, Hold

5-6& Step LF forward, Step RF forward, ½ L pivot turn

7-8 Step RF forward, Touch LF next to RF with a L hip bump (up down)

SET B6: ROCK, HIP PUSH, STEP TOUCH, ROCK, HIP PUCH, STEP TOUCH

1-4 Step on ball of LF diagonally L (10.30) pushing hip forward (1) push hip back (2) push hip forward stepping down on LF (3) drags RF next to LF (4)

5-8 Step on ball of RF diagonally R (1.30) pushing hip forward (5) push hip back (6) push hip forward stepping down on RF (7) drag LF next to RF (8)

SET B7: L ROCKING CHAIR, L SAMBA, R ROCKING CHAIR, R SAMBA

1&2& Cross rock LF over RF, recover on RF, rock LF back, recover on RF

3&4 Step LF forward, RF to R, Step LF forward diagonal L (10.30)

5&6& Cross rock RF over LF, recover on LF, rock RF back, recover on LF

7&8 Step RF forward, LF to L, 1/8 R stepping RF fwd (12.00)

SET B8: FORWARD ½ R TURN, STEP, TOUCH, STATIONARY BACHATA SWAY (WAIT FOR NEW PARTNER)

1-4 Step LF forward, ½ R pivot, Step LF forward, Touch RF next to LR with a R hip bump

5-8 Stationary sway hips to L, R, L, R

Repeat again! Have fun!

Tag 1: When facing Partner 3 & 5, dance until count 16 and add these:

1-4 Hold 2x, shimmy shoulders following the beat (3&4&)

Then start the dance again with the same partner

Tag 2: When facing Partner 6, dance till count 32 and add these:

1-4 Hold 2x, shimmy shoulders following the beat (3&4&) / FREESTYLE!!!!!!

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Last Update – 23rd March 2017
