The Silton Shuffle



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Doug Silton (USA) - January 2017

音乐: In My Mind - Maty Noyes



WCS/Shag Line Dance (rotates clockwise)

1-81	TOUCH & TUCK	. BEHIND, SI	DE. CROSS	BALL, CR	OSS. BALL.	CROSS, BALL	L. CROSS
	100011610011	, , ,	DE, 011000	, -,, -, .		O. 1000, D/ 12	_, 0. 1000

1&2 Touch L across front of R (1); Lift L foot up toward R knee (&); Step L tucked tightly behind R

(2)

&3-4 Sweep R out to right (&); Lock/hook step R tightly behind L allowing body to face slightly left

(3); Step L to left (4)

5&6& Step R across L (5); Step ball of L to left (&); Step R across L (6); Step ball of L to left (&)

7&8 Step R across L (7); Step ball of L to left (&); Step R across L (8)

[9-16] SIDE ROCK, RECOVER, KICK, CROSS, SIDE ROCK, RECOVER, KICK, CROSS, SIDE ROCK, RECOVER, KICK, CROSS, JAMES BROWN SLIDE TO THE RIGHT

1& Rock L to left (slightly back) (1); Recover on R (&)

2& Kick L forward (2); Step L across R (&)

3& Rock R to right (slightly back) (3); Recover on L (&)

4& Kick R forward (4); Step R across L (&)

5&6& Rock L to left (5); Recover on R (&); Kick L forward (6); Step L across R (&)

7&8& Large step R to right allowing L toe to drag as R foot travels to the right moving in a heel, toe,

heel, toe action (7&8&)

[17-24] L SAILOR, R SAILOR, L SAILOR 1/4 TURN L, & LOCK, UNWIND FULL TURN L

1&2 Step L behind R (1); Step R to right (&); Step L to left (2) 3&4 Step R behind L (3); Step L to left (&); Step R to right (4)

5&6 Step L behind R (5); Step R to right (&); Turn 1/4 left stepping L forward (6)

&7 Step R forward (&); Lock step L behind R (7)
8 Unwind full turn left ending with weight on R (8)

Option: Omit full turn on count 8 by just stepping R forward.

[25-32] WALK, WALK, FORWARD COASTER STEP, 1/4 TURN L, 1/4 TURN L, FORWARD TRIPLE

1-2 Step L forward (1); Step R forward (2)

3&4 Step L forward (3); Step R beside L (&); Step L back (4)

5-6 Turn 1/4 left locking R tightly behind left (5); Turn 1/4 left stepping L forward (6)

7&8 Step R forward (7); Step ball of L behind R heel (&) Step R forward (8)

BEGIN AGAIN! ENJOY!

Note: Doug's instructional video of The Silton Shuffle (including styling and variations) is available for free/purchase through The Siltons Dance App (Apple App Store & Google Play) and online at www.SwingDanceStuff.com

Doug Silton - dance@thesiltons.com - www.TheSiltons.com