

Shake Like You're Changed

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Improver / Intermediate
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音乐: Shake - MercyMe



(1-8) Walk walk walk, Half-Charleston, Coaster step, Chase 1/2 turn R

1&2 R step, L step, R step
3,4 Point fw L, step back on L
5&6 Coaster step back on R, L together, step R fw
7&8 Step fw on L, 1/2 turn to R step on R, step L together

(9-16) Scissor step, Scissor step 1/4 turn R, Cross rock recover, Kick ball change

1&2 Rock side R, recover to L, cross R over L
3&4 Rock side L, recover to R, cross L over R with 1/4 R
5&6 rock fw R across L with hip roll, recover L, step back on R
7&8 Kick L, step on L ball, step on R

(17-24) Rock recover, Back lock step, Back lock step, Stomp x2, step

1,2 L fw rock, recover to R
3&4 Step back L, lock R, back L
5&6 Step back R, lock L, back R
7&8 stomp L x2, step on L (weight on L on 8)

((Restart here on walls 2&3))

((First restart faces 3:00, second restart faces 12:00)))

(25-32) Wide Step R, Touch L by R, 1/4 turn L, 1/4 turn L, Wide step L, Touch R by L, Step 1/4 R, Step, step together

1,2 Step wide side R, slide L to touch by R
3,4 step on L 1/4 turn L, step on R 1/4 turn L
5,6 Step wide side L, slide R to touch by L
7,8 step on R 1/4 R, step L beside R

Repeat

TAG: *16 ct. Tag after wall 6:

1-4 R jazz box 1/4 turn R
5,6 R rock recover to L
7&8 coaster step
1-4 L jazz box L 1/4 turn L
5,6 L rock recover to R
7&8 coaster step

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