

Cake

拍数: 32 墙数: 4 级数: Beginner
编舞者: Edwin P Napitu (NL) - February 2017
音乐: Cake - Flo Rida & 99 Percent



Intro: 16 counts - No Tags & No Restarts...

S1 : R HEEL FWD (2X), R COASTER STEP, L ROCK STEP, L CHASSE ½ TURN L

1 – 2 Touch RF heel forward twice
3 & 4 Step RF back, step LF next to RF(&), step RF forward
5 – 6 Rock LF forward, recover on RF
7 & 8 Step LF to left side, step RF next to LF(&), ½ turn left stepping fwd on LF (06:00)

S2 : R HEEL FWD, R TOE BACK, R SHUFFLE FWD, L ROCK STEP, L CHASSE ¼ TURN L

1 – 2 Touch RF heel forward, touch LF toe back
3 & 4 Step RF forward, step LF next to RF(&), step RF forward
5 – 6 Rock LF forward, recover on RF
7 & 8 Step LF to left side, step RF next to LF(&), ¼ turn left step LF to left side (03:00)

S3 : R CROSS, L SIDE, BEHIND, SIDE, CROSS, L SIDE ROCK, L CROSS SHUFFLE

1 – 2 Cross RF over LF, step LF to left side
3 & 4 Cross RF behind LF, step LF to left side(&), cross RF over LF
5 – 6 Rock LF to left side, recover on RF
7 & 8 Cross LF over RF, step RF to right side(&), cross LF over RF (03:00)

S4 : ¼ TURN L/R BACK, ¼ TURN L/L SIDE, R SHUFFLE, L ROCK STEP, L COASTER STEP

1 – 2 ¼ turn left/step RF back(12:00), ¼ turn left/step LF to left side(09:00)
3 & 4 Step RF forward, step LF next to RF(&), step RF forward
5 – 6 Rock LF forward, recover on RF
7 & 8 Step LF back, step RF next to LF(&), step LF forward (09:00)

Start Again & Have Fun!!!!!!

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