

La Estrella (P)

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 0 级数: Improver Partner
编舞者: Dan Albro (USA) - January 2017
音乐: Star of the Show - Thomas Rhett



For: Mishnock & Friends Dance Vacation – Mexico 2017

Intro: □16 counts

Start: □Single hand hold, facing FLOD, men inside, ladies outside.

Like footwork except where noted.

[1-8] □ □ WALK, WALK, SHUFFLE FWD, WALK, WALK, SHUFFLE FWD

1,2,3&4 Both □ Step fwd R, step fwd L, step fwd R, step L next to R, step fwd R

5,6,7&8 Both □ Step fwd L, step fwd R, step fwd L, step R next to L, step fwd L

[9-16] □ □ ROCK, SHUFFLE BACK, (LADIES ½ PIVOT, ½ TURN SHUFFLE) ROCK, STEP, ¼ SHUFFLE

1,2,3&4 Man □ Rock fwd R, replace weight on L, step back R, step L next to R, step back R

1,2,3 Lady □ Step fwd R, pivot ½ left weight on L, turn ¼ left stepping side R

&4 Lady □ Step L next to R, turn ¼ left stepping back R

5,6,7 Both □ Rock back L, replace weight on R, turn ¼ right stepping side L

&8 Both □ Step R next to L, step side L (now facing OLOD in indian position)

Hands: - □ □

On count 2 ladies release left hand and pick up mans right hand in her right

On count 4 join left hands into side by side position.

17-24 ROCK BACK, REPLACE, LADIES ½ TURN, ROCK BACK, REPLACE, TRIPLE IN PLACE

1,2,3&4 Man □ Rock back R, replace weight L, step R next to L, step L next to R, step R next to L

1,2,3&4 Lady □ Rock back R, replace weight L, step fwd R, pivot ½ left weight L, step R next to L

5,6,7&8 Both □ Rock back L, replace weight R, step L next to R, step R next to L, step L next to R

Hands: □ □

On count 3 right hands go over ladies head (she's now facing man ILOD) into cross arm position.

On count 6 raise both hands straight up switching hands, bringing them out and down in a half circle motion.

[25-32] □ □ CROSS ROCK, REPLACE, SWAY, SWAY, SHUFFLE TURN, COASTER STEP

1,2,3,4 Man □ Cross rock R over L, replace weight L, step side right on R, step L next to R

5&6 Man □ Step side R, step L next to R, turn ¼ left stepping back R (facing FLOD)

1,2,3,4 Lady □ Cross rock R over L, replace weight L, sway side right R, turn ¼ left stepping fwd L

5&6 Lady □ Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R (FLOD)

7&8 Both □ Step back L, step R next to L, step fwd L

Hands: □

On count 5 man releases his left her right, raising his right her left to return to starting position.