

# Heartbeat

**COPPER KNOB**  
BY STEPHEN PISTOIA

拍数: 32      墙数: 2      级数: Improver  
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音乐: Heartbeat - Drake White : (iTunes)



Intro: 32 counts

## ( 1-8 ) WALK,WALK, JAZZ BOX, SHUFFLE RT

1-2            step RF forward, LF forward  
3-4            cross RF over LF, step LF out to L  
5-6            step RF next to LF, cross LF over RF  
7&8            step RF out to R, step LF next to R, step RF out to R

## ( 9-16 ) ROCK BACK, SHUFFLE LT ¼ TURN R ,ROCK RECOVER, KICKBALL CHANGE

1-2            rock LF behind RF, recover on RF  
3&4            step LF to out L, making ¼ turn right,step RF next to LF, step LF back ( 3o'clock)  
5-6            rock RF back, recover on LF  
7&8            kick RF forward, step RF next to LF, step LF next to RF

( Optional stomp,stomp at the end of wall 2 for 7-8 to represent a heartbeat, fun for wood floor )  
Restart here on walls 2,4

## ( 17-24 ) MONTEREY R, ROCK FORWARD, ROCK RECOVER FORWARD AND OUT

1-2            point RF out to RT, step RF next to LF  
3-4            making ¼ turn point LF out to LF, step LF next to RF  
5-6            rock forward on RF, recover on LF  
7-8            rock RF out to RT, recover on LF

## (25-32) AND ROCK RECOVER OUT TO LEFT, BACK ROCK ,WALK,WALK,STOMP, HOLD

&1-2            step RF next to LF taking weight on RF and point LF out to LT and rock back on RF  
3-4            rock back on LF, recover on RF  
5-6            step LF forward, step RF forward  
7-8            stomp LF, and hold on eight

Have fun! any questions: [pistoias@ymail.com](mailto:pistoias@ymail.com)