

Why Wait?

COPPER KNOB
BY STEPHEN

拍数: 40 墙数: 4 级数: Improver
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音乐: Why Wait - Rascal Flatts : (CD: Why Wait - Single/ iTunes)



WALK FORWARD R, L, R-KICK L, WALK BACK L, R, L, RIGHT HEEL

- 1-2 Step forward right, then left
- 3-4 Step forward right, then kick left foot
- 5-6 Step back on left, then on right
- 7-8 Step back on left, then put right heel out to the side

STEP L BEHIND R., STEP R., L. HEEL, STEP L. CROSS R. OVER L. STEP L., R. HEEL, STEP L BEHIND R., STEP R., L. HEEL

- 1-3 Step down on right foot. Step left foot behind right foot, put weight on right foot
- 4-5 Put out left heel, and step down on left foot
- 6-7 Cross right foot over left, step on left foot
- 8-9 Put out right heel, step on right
- 10-12 Step left behind right, step on right, left heel out

STEP ON L, HOLD, PIVOT ON L. TOWARD RIGHT, SHUFFLE DIAGONALLY TO THE RIGHT, SHUFFLE DIAGONALLY TO L

- 1-2 Step down on left foot and hold for two counts
- 3-4 Pivot to right and hold for two counts
- 5&6 Shuffle diagonally to the right (R,L,R)
- 7&8 Shuffle diagonally to the left (L,R,L)

TURN KNEES IN, FIRST R, L, THEN R, L. THEN PUT R. FOOT OUT/IN, L. FOOT OUT/IN, R. FOOT OUT/IN W/¼ TURN TO R., FINISH WITH L. HEEL AND TOE

- 1-2 Turn right knee in; turn left knee in
- 3-4 Turn right knee in; turn left knee in
- 5-6 Right leg out to the right, bring it in
- 7-8 Left leg out to the left, and bring it in
- 9-12 Right leg out to the right, and bring it in while turning ¼ turn to right; then left Heel and toe

REPEAT

Tag: On the 8th wall, you will step down on your left foot and hold for 2 counts. Then you will pivot to the right (2 counts), to the left (2 counts) and back to the right (2 counts). Then begin your diagonal shuffles to the right and to the left, etc.