Begin The Beguine (For Beginners)



编舞者: Yvonne Krause (USA) - June 2016 音乐: Begin the Beguine - The Limeliters



[1-8] □□RUMBA BOX TO RIGHT THEN STEP FORWARD

Step right to right side, step left next to right, step forward right, hold.

Step left to left side, step right next to left, step back on left, hold.

[9-16]□□ROCK BACK RECOVER STEP FORWARD, HOLD, LEFT LOCK STEP

1-4 Rock back on right, recover onto left, step forward on right, hold.
5-8 Step forward left, lock right behind left, step forward left, hold.

[17-24]□□REVERSE RUMBA BOX RIGHT THEN STEP BACK

Step right to right side, step left next to right, step back on right, hold.Step left to left side, step right next to left, step forward on left, hold.

[25-32]□□ROCK FORWARD RECOVER STEP BACK, HOLD, LEFT LOCK STEP BACK

1-4 Rock forward on right, recover on left, step back on right, hold.
5-8 Step back on left, lock right across left, step back on left, hold.

[33-40]□□SCISSOR STEPS RIGHT & LEFT W/HOLDS

1-4 Rock right out to right side, step left next to right, cross right over left, hold.
5-8 Rock left out to left side, step right next to left, cross left over right, hold.

[41-48]□□STEP TOGETHER W/1/4 TURN RIGHT. STEP LOCK STEP FORWARD

1-4 Step right to right side, step left next to right, step forward right making ¼ turn right, hold.

5-8 Step forward on left, lock right behind left, step forward on left, hold.

[49-56]□□ROCK RECOVER W/1/4 TURN RIGHT, STEP LOCK STEP FORWARD

1-4 Rock forward on right, recover on left, step forward as you turn ¼ turn right, hold.

5-8 Step forward on left, lock right behind left, step forward on left, hold.

[57-64]□□ROCKING CHAIR, JAZZ BOX W/CROSS□

1-4 Rock forward on right, rock back on left, rock back on right, rock forward on left.
5-8 Cross right over left, step back on left, step right to right side, cross left over right.

TAG: ☐ There is an 8-count tag after the third time around. Do the following:

Two scissor steps-one right and one left w/holds.

May You Always Dance Like No One Is Watching

Contact: ykrause@yahoo.com