

Think It Over

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Nancy Storrs (USA) - January 2017
音乐: Think It Over - The Crickets



#16 (2 of 8) Count Intro - Weight on Left Foot

S1: Vine 8, Weave

1-4 Step to right side, left behind, step $\frac{1}{4}$ right, step forward on left
5-6 Pivot $\frac{1}{2}$ right, turn $\frac{1}{4}$ right stepping left to left side
7 & 8 Weave right behind, step left side, cross right in front of left

S2: Weave Left, Lindy Left

1-4 Step left to left side, step right behind left, step left to left side, cross right across left
5 & 6 Step Left to left side, Step right next to left, Step Left to left side
7-8 Rock back on right, recover.

S3: Samba, Samba, Jazz Box

1 & 2 Step right across left, step to left with ball of left foot, recover
3 & 4 Step left across right, step to right with ball of right foot, recover
5-8 Right across left, back on left, right to side, close left.

S4: Right Heel, Left Heel, Paddle 1/8 Left, Paddle 1/8 Left

1-4 Touch right heel forward, step on right beside left, touch left heel forward, step on left beside right
5-8 Step forward on right, paddle 1/8 left, paddle 1/8 left

S5: Forward Toe Strut, Forward Toe Strut, Toe, Bump, Bump, Bump

1-2 Step forward on right toe, step down on right heel.
3-4 Step forward on left toe, step down on left heel
5 Step forward on right toe, keeping weight on left foot and not stepping down on right heel
6-7-8 Bump hip left, left, left

S6: Back Toe Strut, Back Toe Strut, Toe, Bump, Bump, Bump

1-2 Step back on right toe, step down on right heel.
3-4 Step back on left toe, step down on left heel
5 Step back on right toe, keeping weight on left foot and not stepping down on right heel
6-7-8 Bump hip left, left, left

No Tags Or Restarts.

Contact: nsstorrs@aol.com