

Coconut Cooladas

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Trine Haukø Lund (NOR) - February 2017
音乐: Old School - Chuck Wicks



#32 counts intro

Section 1: Rock Fwd R, Recover L, Shuffle Backwards R, Rock Backwards L, Shuffle 1/2 Turn R,

1-2 Rock RF forward, recover on LF
3&4 Step RF backwards, step LF next to RF, step RF backwards
5-6 Rock LF backwards, recover on RF
7&8 Turn 1/4 R(3.00), step LF to L, turn 1/4 R(6.00), cross RF in front of LF, step LF backwards

Section 2: Coaster Step R, Shuffle Fwd L, Step 1/4 Turn L X 2

1&2 Step RF backwards, step LF next to RF, step RF forward
3&4 Step LF forward, step RF next to LF, step LF forward
5-6 Step RF forward, turn 1/4 L(3.00), recover on LF
7-8 Step RF forward, turn 1/4 L(12.00), recover on LF

Restart here in wall 3

Section 3: Cross Samba R, Cross Samba 1/4 Turn L, Rock R Backwards, Recover L, Step R Fwd, 1/4 Turn L, 1/8 Turn L, Close L

1&2 Cross RF over LF, rock LF to L, recover on RF
3&4 Cross LF over RF, turn 1/4 L(9.00), step RF backwards, step LF backwards
5-6 Rock RF backwards, recover on LF
7-8 Step RF forward, turn 1/4 L(6.00), turn 1/8 L(4.30), step LF next to RF

Section 4: Cross, Step L, Sailor Step R, Sailor Step L 1/4 Turn L, Rock, Recover, Touch R

1-2 Cross RF over LF, turn 1/8 R(6.00), step LF to L
3&4 Step RF behind LF, step LF next to RF, step RF to R
5&6 Turn 1/4 L(3.00), step LF backwards, step RF next to LF, step LF forward
7&8 Rock RF forward, recover on LF, touch RF next to LF

Restart in wall 3 after count 7-8 in section 2, facing 6 o'clock

Contact: trilund@online.no