

Doctor You

拍数: 32 墙数: 4 级数: Intermediate
编舞者: David Ackerman (USA) - February 2017
音乐: Doctor You - DNCE



Intro: 8 Counts

[1-8] Kick-Ball-Cross, Hold, Full Unwind, Step, Point, Cross, Side

1&2 Kick R low, Step ball of R under body, Touch L crossing over R
3,4 Hold (3), Unwind pushing off of the R bring weight to left as you make a full turn,
5,6 Step R down, Touch L to left side
7,8 Cross L over R, Step R to right side

[9-16] ¼ Coast w/ Point, Ball-Step, Forward, ½ Turn, Back, Clap x2

1&2 Make ¼ turn left stepping L back (9:00), Step R next to L, Touch L toe forward
3&4 Hold (3), Step ball of L under body, Step R forward
5,6,7 Step L forward, Make a ½ turn left stepping R back, Step L back
&8 Clap hands (&), Clap hands (8)

[17-24] Back, Tap, Forward, ¼ Turn, Triple Turn, Side Rock

1,2 Step R back, Tap L next to R
3,4 Step L forward, Make a ¼ turn left stepping R to right side (12:00)
5&6 Make a full turn turning left stepping LRL (12:00)

*Restart here on wall 10

7,8 Step R to right side, Recover weight L

[25-32] Behind-Side-Cross, ¼ Turn, ½ Turn, Back w/ Knee Pop x3, Hip Bump

1&2 Step R behind L, Step L to left side, Cross R over L
3,4 Make a ¼ turn left stepping L forward (9:00), Make a ½ turn left stepping R back (3:00)
5,6,7 Step back LRL (as you step back pop the opposite knee forward)
&8 Lift R hip up (&), Bring R hip back to neutral position (8)

*Restart: Wall 10 after 22 counts (Triple Turn) restart the dance facing 3:00

Note: The Hip bump and the Claps are interchangeable.