

# Gettin' Loose

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Chris Highbaugh (USA) - December 2016  
音乐: Greenlight (feat. Flo Rida & LunchMoney Lewis) - Pitbull



Start dance after lyric "you know what time it is."

## BACK, TOUCH, BACK, TOUCH, KICK-BALL-CHANGE, STEP, TOUCH

- 1-2            Step back diagonally to right with R, touch L next to R and snap fingers
- 3-4            Step back diagonally to left with L, touch R next to L and snap fingers
- 5&6           Kick R forward, step R to place, change weight to L
- 7-8            Step forward R while doing a body roll up (lead with hips, then chest), touch L next to R

## ¼ TURNING JAZZ BOX w/ CROSS, ¾ TURN, LEFT FORWARD SHUFFLE

- 1-2            Cross L over R, turn ¼ left while stepping back on R (9:00)
- 3-4            Step L to left side, cross R over L
- 5-6            Turn ¼ right while stepping back on L, turn ½ right while stepping forward on R (6:00)
- 7&8            Step forward on L, step R next to L, step forward on L

## SYNCOATED SIDE ROCKS (x2), ¼ TURN SYNCOATED SIDE ROCK, LEFT SIDE SHUFFLE

- 1-2&           Rock R to right side, recover onto L, step R next to L
- 3-4&           Rock L to left side, recover onto R, step L next to R
- 5-6&           Turn ¼ left while rocking R to right side, recover onto L, step R next to L (3:00)
- 7&8            Step L to left side, step R next to L, step L to left side

## KICK-BALL-TOUCH, ¼ TURN WITH TWISTING HEELS, ¼ TURN RECOVER, SIDE, HOLD, BEHIND-SIDE (x2)

- 1&2            Kick R forward, step R to place, touch L toe back
- 3-4            Turn ¼ left while swiveling heels to right (12:00), turn ¼ right recovering heels (weight ends on R) (3:00)
- 5-6            Step L to left side, hold
- &7            Step R behind L while popping left knee up, step L to left side
- &8            Step R behind L while popping left knee up, step L to left side

**BEGIN AGAIN!**

Contact: [crazcooter\\_88@yahoo.com](mailto:crazcooter_88@yahoo.com)