

Standing On The Mountain Top Line Dance

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Sally Hung (TW) - February 2017
音乐: Standing on The Mountain Top (站在高崗上) - Xie Lei (崗上) & Rosanne Lui (呂珊)



Or : The Ordinary Man/Standing on the mountain top 凡人薩克斯風演奏-站在高崗上

Sequence of dance:-

Restart after finishing S2 of Wall 4, facing 12:00

Restart after finishing S2 of Wall 6, facing 6:00

Restart after finishing S2 of Wall 9, facing 9:00

Intro: 32 counts

S1. BACK ROCK, RECOVER, ROCKING CHAIR, ½ SHUFFLE TURN L

1,2,3,4 Rock back on R, recover onto L, rock R fwd, recover onto L

5,6,7&8 Rock back on R, recover onto L, ½ shuffle turn L on RLR

S2. BACK ROCK, RECOVER, ROCKING CHAIR, ¼ TURN R SIDE SHUFFLE

1,2,3,4 Rock back on L, recover onto R, rock L fwd, recover onto R

5,6,7&8 Rock back on L, recover onto R, 1/4 turn R side shuffle on LRL

S3. BACK ROCK, RECOVER, CHASSE R, BACK ROCK, RECOVER, CHASSE L

1,2,3&4 Rock R behind L, recover onto L, step R to R, step L together, step R to R

5,6,7&8 Rock L behind R, recover onto R, step L to L, step R together, step L to L

S4. FWD TOE STRUT (X2), ¼ L CHUG (X2)

1,2,3,4 Tap R toe fwd, drop R heel, tap L toe fwd, drop L heel

5,6,7,8 Chung on R with ¼ L 2 times end your weight on L

S5. REPEAT S4

S6. JAZZ BOX X2

1,2,3,4 Cross R over L, step back on L, step R to R side, step L fwd

5,6,7,8 ditto

*After finishing Wall 10, add ¼ turn R jazz box (x2), facing 12:00

Happy Dancing!

Contact Sally Hung:hung1125@gmail.com