

Up All Night

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Up All Night - Michael English : (CD: Dance All Night - iTunes)



#24 Count intro - No Restarts Or Tags

S1: Cross & Heel. & Cross & Heel. Forward Rock. Right Shuffle Back.

1&2& Cross Right over Left. Step Left slightly back. Touch Right heel diagonally forward. Step in on Right.
3&4& Cross Left over Right. Step Right slightly back. Touch Left heel diagonally forward. Step in on Left.
5 - 6 Rock forward on Right. Recover weight on Left.
7&8 Shuffle back stepping Right. Left. Right.

S2: Touch. Unwind 1/2 Turn. Right Rocking Chair. 1/4 Pivot Left.

1 - 2 Touch Left behind Right. Unwind 1/2 turn Left. (Weight on Left)(Facing 6 o'clock)
3 - 4 Rock forward on Right. Recover weight on Left.
5 - 6 Rock back on Right. Recover weight on Left.
7 - 8 Step forward on Left. Pivot 1/4 turn Left. (Facing 3 o'clock)

S3: Right Heel Dig & Left Heel.Dig. Step. Pivot 1/4 Turn Left. Right Jazz Box Cross.

1&2& Dig Right heel forward. Step on Right. Dig Left heel forward. Step on Left.
3 - 4 Step forward on Right. Pivot 1/4 turn Left. (Facing 12 o'clock)
5 - 6 Cross Right over Left. Step slightly back on Left.
7 - 8 Step Right to Right side. Cross Left over Right.

S4: 1/4 Monterey Right. Forward Rock. 1/2 Turn Right. Shuffle Forward.

1 - 2 Touch Right to Right side. Turning 1/4 turn Right, step Right beside Left.
3 - 4 Touch Left to Left side. Step Left beside Right.
5 - 6 Rock forward on Right. Recover weight on Left.
7&8 Turning 1/2 turn Right, shuffle forward stepping Right. Left. Right. (Facing 9 o'clock)

S5: Left Side Rock. Cross Shuffle. Right Side Rock. Cross Shuffle.

1 - 2 Rock Left to Left side. Recover weight on Right.
3&4 Cross Left over Right. Step Right to Right side. Cross Left over Right.
5 - 6 Rock Right to Right side. Recover weight on Left.
7&8 Cross Right over Left. Step Left to Left side. Cross Right over Left.

S6: Step. Pivot 1/2 Turn Right. Step Pivot 1/2 Turn Right. Jazz Box 1/4 Turn Left.

1 - 2 Step forward on Left. Pivot 1/2 turn Right. (Facing 3 o'clock)
3 - 4 Step forward on Left. Pivot 1/2 turn Right. (Facing 9 o'clock)
5 - 6 Cross Left over Right. Turning 1/4 turn Left, step back on Right.
7 - 8 Step Left to Left side. Touch Right beside Left.(Facing 6 o'clock)

S7: Right Side Rock. Behind, Side, Cross. Left Side Rock. Full Hinge Turn Left.

1 - 2 Rock Right to Right side. Recover weight on Left.
3&4 Step Right behind Left. Step Left to Left side. Cross Right over Left.
5 - 6 Rock Left to Left side. Recover weight on Right.
7 - 8 Hinge turn 1/2 turn Left, stepping Left to Left side. Turn 1/2 turn Left, stepping Right to Right side.

S8: Left Sailor Step. Right Back Rock. Right Kick Ball Change. Step. Pivot 1/4 Turn Left.

- 1 – 2 Step Left behind Right. Step Right to Right side. Step Left to Left side.
3 – 4 Rock back on Right. Recover weight on Left.
5&6 Kick Right forward. Step Right in place. Step Left beside Right.
7 – 8 Step forward on Right. Turn 1/4 turn Left. (Weight on Left) (Facing 3 o'clock)

Start Again

Ending: At the end of Wall 7, dance the first 15 counts. Then step forward on Right. Stomp Left beside Right facing the front.
