

Save Your Heart For Me

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Easy Beginner
编舞者: Rosalee Musgrave (USA) - January 2017
音乐: Save Your Heart for Me - Patty Duke : (Album: Back To Back - iTunes)



Alt. music: Save Your Heart For Me - Gary Lewis & The Playboys & The Grass Roots (Album: Back To Back - iTunes)

Count In: 16 counts from start of track, dance begins on vocals.

Lindy Right, Left Rocking Chair

1 & 2 Step side on Right, Step Left beside Right, Step side on Right (chasse')
3 - 4 Rock ball of Left back behind Right, Recover forward on Right
5 - 8 Rock forward on Left, Recover back on Right, Rock back on ball of Left behind Right foot,
Recover forward on Right

Lindy Left Turning ¼ Right, Right Rocking Chair

1 & 2 Step side on Left, Step right beside Left, Step side on Left (chasse')
3 - 4 Turn ¼ Right (weight on Left) Rock ball of Right back behind Left, Recover forward on Left
5 - 8 Rock forward on Right, Recover back on Left, Rock back on ball of Right behind Left foot,
Recover forward on Left

Right Toe Strut Forward, Left Toe Strut Forward, Right Jazz Box

1 - 4 Touch Right toe forward, Drop heel, Touch Left toe forward, Drop Left heel
5 - 8 Cross Right over Left, Step back on Left, Step Right beside Left, Step Left beside Right

Pivot ¼ Left, Pivot ¼ Left, Right Jazz Box

1 - 4 Step forward on Right, Turn ¼ Left, Step forward on Right, Turn ¼ Left
5 - 8 Cross Right over Left, Step back on Left, Step Right beside Left, Step Left beside Right

START AGAIN - HAPPY DANCING!!

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