

11 Blocks

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Kerry Maus (USA) - January 2017
音乐: 11 Blocks - Wrabel : (iTunes)



#32 COUNT INTRO - Start on the word "IT" when the heavy beat kicks in around 0:20.

WALK, WALK, SIDE ROCK, RECOVER, CROSS, HOLD, BALL CROSS, LEFT SIDE CHASSE

1 2 3&4 Walk Fwd R, L, Rock R to R side, recover back L, cross R over L

5 6 Hold(5), step L to L, cross R over L

7&8 Step L to L, Step R next to L, Step L to L (12:00)

RESTART here on wall 4 (3:00): TAG here during wall 8 (12:00) then restart

CROSS ROCK RECOVER, COASTER STEP, ½ T PIVOT, ½ TURN BACK LOCK BACK, ¼ POINT

1&2 Cross rock R over L, recover to L, step R beside L

3&4 Step L Back, step R beside L, step L fwd

5 6 Step R fwd and Pivot ½ T L, weight to L, continue turning ½ T L

7&8&1 stepping back on R, Lock L in front of R, Step Back on R, Step Back on L making a ¼ turn L, and point your R toe out to R side (9:00)

STEP, SWEEP, CROSS BACK BACK, CROSS BACK BACK, CROSS, SIDE ROCK RECOVER

2 Step R slightly forward as you sweep L from back to front

3&4 Cross L in front of R, Step R back and slightly out to R, step back on L

5&6 Cross R in front of L, Step L back and slightly out to L, step back on R

7 8& Cross L over R, Rock R to R side, recover to L (9:00)

CROSS & CROSS, ¼, ¼, CROSS & CROSS, SIDE TOUCH, SIDE, BACK, TOGETHER

1&2&3 Cross R over L, Step L to L, Cross R over L, Step Back on L making a ¼ turn R, Step R To R making ¼ turn R

4&5&6 Cross L over R, step R to R, cross L over R, Step R to R, touch L beside R

7 8& Step L to L side, Step back on R, Step L beside R (3:00)

TAG: Happens at the end of wall 2; during wall 8 (12:00) after first 8 counts, then restart from the top facing (6:00).

WALK AROUND TO LEFT (COUNTER-CLOCKWISE) R,L,R,L ½ TURN

1 2 3 4 Walk around ½ turn to L – R, L, R, L

RESTART - HAVE FUN!

Contact: Kerrymausdance@gmail.com