

# 12 Steps of Love

COPPER KNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Improver / Intermediate  
编舞者: Anikka Johansson (CAN) - January 2017  
音乐: 12 Step Program (Of Love) - D.D. Alan : (amazon)



**Intro: 32 counts (approx 12 sec). Start on lyrics.**

**Restart: Wall 5 after 16 counts.**

**[1-8] Toe heel sambas R and L.**

1 2 3 & 4            Tap R toe and heel, cross RF over LF, step LF to L, step RF diagonally forward.  
5 6 7 & 8            Tap L toe and heel, cross LF over RF, step RF to R, step LF diagonally forward, 1/4 turn to the L.

**[9-16] RF and LF back, Rock/Recover, R half turn, L half turn.**

1 2 3 4            Step back on RF, Step back on LF, Rock back on RF, recover LF.  
5 6 7 8            Half turn step to R on RF, hold. Half turn step to R on LF, hold.

**[17-24] Forward RF, LF Rock forward/recover, LF beside RF. RF: touch front, side, flick, 1/4 L.**

1 2 3 4            Step forward on RF, LF rock forward, RF recover, LF beside RF.  
5 6 7 8            RF: touch front, side, flick behind L leg and touch with L hand, 1/4 turn to L on RF

**[25-32] Behind, side, heel dig. Half turn 2x to R.**

1 2 3 4            Step Lf behind RF, step RF to R side, LF heel dig, hold.  
5 6 7 8            Half turn to R on LF, hold. Half turn to R on LF, hold.

**[33-40] Rocking chair, Lock step diagonal.**

1 2 3 4            Rock forward on LF recover, rock back on LF recover.  
5 6 7 8            Step LF forward diagonally, bring RF behind LF, step LF forward, hold.

**[41-48] Mambo 1/4 turn R & L.**

1 2 3 4            Rock RF forward, recover LF, Step RF 1/4 turn to the right, hold.  
5 6 7 8            Cross rock LF over RF, recover on RF, LF 1/4 turn to the left, hold.

**Restart on Wall 5: begin facing 12:00, dance first 12 counts to face 9:00, replace 2 half turns with 4 walks forward.**

**Thank you to Karen Hedges for holding this Choreography Contest!  
Thanks to my Mom for encouraging me to enter!  
Everybody Dance Now !!**

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