A Little Rowdy

拍数: 48

级数: High Beginner

编舞者: Bobbey Willson (USA) - January 2017

音乐: Rowdy - Gretchen Wilson

Intro: 16 beats, Begin on beat 17

S1: {1-8} R-Stomp-Kick, Coaster, Heel, Hold & Heel, Hold

- Stomp R, Kick R, Step R back, Step L beside R, Step R forward 123&4
- 56 Touch L heel forward, Hold
- &78 Step L beside R, Touch R heel forward, Hold

S2: {9-16} Step, Step, Behind, Side, Cross, Touch&Touch, Flick

- 12 Step R beside L, Step L to left
- 3&4 Step R behind L, Step L to left, Cross R over L
- 5678 Touch L to left, Raise L knee up, Touch L to left, Flick L back

S3: {17-24} Step, Step, Behind, Side, Cross, Touch&Touch, Flick

- 12 Step L beside R, Step R to right
- Step L behind R, Step R to right, Cross L over R 3&4
- 5678 Touch R to right, Raise R knee up, Touch R to right, Flick R back

S4: {25-32} Step-back, Hold, Back, Back, Rock-back Rec, Shuffle fwd LRL

- 12 Step R back, Hold
- 34 Step L back, Step R back
- 56 Rock* L back, Recover on R
- 7&8 Step L forward, Step R beside L, Step L forward

S5: {33-40} Monterey 1/4 right, R Step-Together, Step-Together (Swing hips)

- 12 Touch R to right, Pivot 1/4 right and step R beside L (3:00)
- 34 Touch L to left, Step L beside R
- 56 Step R to right, Step L beside R (swing hips)
- 78 Step R to right, Step L beside R (swing hips)

S6: {41-48} Step, Touch&Clap, Step, Touch&Slap, Exaggerated Toe Struts in place

- 12 Face 1/8 right: Step R down, Touch L beside R and clap hands
- 34 Face 1/4 left: Step L down, Touch R beside L and slap thighs
- 56 Face forward: Point R toe down, Step R down
- 78 Point L toe down, Step L down (raise arms 5-8)

Repeat, Enjoy!

*On this Rock-back S4:5 I like the motion to be like falling back- has more impact :-) Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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Cheers! :-)

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墙数:4