

Catch Me Up

COPPER KNOB
BY STEPHEN T. S.

拍数: 32 墙数: 4 级数: Beginner
编舞者: Edward Tam (MY) - January 2017
音乐: Catch Me Up - As One



Intro: 16 counts

Sec 1

1-2 Walk Forward Right, Left
3-4 Touch Right Toe Forward, Touch Right Toe Back
5-6 Walk Back Left, Right
7-8 Touch Left Toe Back, Touch Right Toe Forward.

Sec 2

1-2 Step Right Leg To The Right, Step Left Leg To The Left
3&4 Step Right Leg To The Right, Move Left Leg Next To Right, Step Right Leg To The Right
5-6 Step Left Leg To The Left, Step Right Leg To The Right
7&8 Step Left Leg To The Left, Move Right Leg Next To Left, Step Left Leg To The Left

Sec 3

1-2 Cross Right Leg Over Left, Move Right Leg Back In Place
3&4 Cross Right Leg Behind Left Leg, Move Left Leg Next To Right, Move Right Leg To The Right
5-6 Cross Left Leg Over Right, Move Left Back In Place
7& Cross Left Leg Behind Right, Move Right Leg Next To Left
8 1/4 Left Turn Left Leg Toward 9.00 O'clock

Sec 4

1-2 Step Right Leg Diagonal To The Right, Step Left Leg Diagonal To The Left
3-4 Step Right Leg Back, Step Left Leg Back
5-6 Step Right Leg To The Right, Move Right Leg Back In Place
7-8 Step Left Leg To The Left, Move Left Leg Back In Place

Dance Again. (No Tag, No Restart)

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