Rockabye

拍数: 32

级数: Intermediate Cha Cha

编舞者: Paul Snooke (AUS) - January 2017

音乐: Rockabye (feat. Sean Paul & Anne-Marie) - Clean Bandit : (Single)

Notes:

*The dance will start 32 counts after the first beat of the song when the vocals start

*This dance as a restart and a 4 count Tag

[1-9) Step R with 1/8 turn, Mambo, Back, 1/2, Fwd, Fwd, 1/2, Back, Coaster

- 1-2&3 Stepping R to R side turn 1/8 R (facing R 45 angle), step L fwd, replace weight onto R, step L back (1:30)
- 4&5 Step R back, turning ½ over L shoulder step L fwd, step R fwd (7:30)
- 6&7 Step L fwd, turning ½ over L shoulder step R back, step L back (1:30)
- 8&1 Step R back, step L together, step R fwd (1:30)

[10-16] Walk x3, ¼ paddle turns x4

- 2-3-4& Step L fwd, step R fwd, step L fwd, turn 1/8 L step R slightly behind L (12:00)
- 5&6& Step L fwd, turn ¼ L step R slightly behind L, step L fwd, turn ¼ L step R slightly behind L (6:00)
- 7&8&Step L fwd, turn ¼ L step R slightly behind L, step L fwd, turn ¼ L step R slightly behind L
(12:00)

[17-23] Cross, Sweep, Cross, Side, Behind, Sweep, Behind, Side with 1/8 turn, Fwd, Coaster

- 1-2& Cross L over R sweeping R around to the front, cross R over L, step R to R side
 3-4& Step R behind L sweeping L around to the back, cross L behind R, step R to R side turning 1/8 R (1:30)
- 5-6&7 Step L fwd, step R back, step L together, step R fwd

[24-32] Coaster, Coaster, Back, 1/8 back, Sweep, Behind, Side, Fwd, Pivot ½ weight ends on L)

- 8&1-2&3 Step L back, step R together, step L fwd, step R back, step L together, step R fwd
- 4-5 Step L back, turning 1/8 L step R back sweeping L around to the back (12:00)
- 6&7-8 Cross L behind R, step R to R side, step L fwd, pivot ½ R with weight remaining on back on the L foot (6:00)

Restart: On 4th wall, complete up to count 15 (step L fwd) & hold for count 16 to face the front. Start again. Tag: After 9th wall, hold for 4 counts you will be facing the back wall. Begin new wall.

Ending: On 12th wall, complete the paddle turns to face the front.

Contact Details:

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This sheet is the original version of the sheet \square





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