

# Hurt

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Louise Elfvengren (NOR) - January 2017  
音乐: Hurt - Bouke



Intro: Start when he begin singing hurt (4 seconds)

(I HAVE A BROKEN FOOT SO I CAN'T MAKE A DEMO)

## SECTION 1: CROSS ROCK, COASTER STEP, PIVOT ½ LEFT, SHUFFLE FW

1-2            Cross left over right, recover back on right  
3&4           Step back on left, step right beside left, step forward on left  
5-6           Step forward on right, turn ½ left stepping down on left (6)  
7&8           Step forward on right, step left beside right, step forward on right

## SECTION 2: ROCK FW, COASTER STEP, ROCKING CHAIR

1-2            Rock forward on left, recover back on right  
3&4           Step back on left, step right beside left, step forward on left  
5-8           Rock forward on right, recover back on left, rock back on right, recover back on left

## SECTION 3: STEP FW TURN ¼ LEFT, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT

1-2            Step right forward, turn ¼ left stepping down on left (3)  
3&4           Step right to right, step left beside right, step right to right  
5-6           Cross left over right, recover back on right  
7&8           Step left to left, step right beside left, step left to left

## SECTION 4: PIVOT ½ LEFT, SHUFFLE FW, ROCKING CHAIR □

1-2            Step right forward, turn ½ left stepping down on left (9)  
3&4           Step right forward, step left next to right, step right forward  
5-8           Rock forward on left, recover back on right, rock back on left, recover back on right

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