

We Are Fighters

COPPERKNOB
STYLEDANCE

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Rick Dominguez (USA) & Scott Schrank (USA) - January 2017
音乐: Fighter - Ty Herndon : (CD: House On Fire - iTunes)



**** (TheTrevorProject.Org) Help Us Prevent Suicide Among The LGBTQ Youth ****

Phrasing: 32-32-24&-32-32-32-24-(Hold)-16 Count Tag-32-16+End
Intro:16 Counts (15 Seconds In)□

[1-8] STEP, ROCK-RECOVER-SIDE-RECOVER-SWEEP, BEHIND-SIDE-CROSS-RECOVER, TRIPLE 1/4 TURN SWEEP

1-2& Step LF forward (1), Rock RF forward (2), Recover weight to LF (&)
3&4 Rock RF to right side (3), Recover weight to LF (&), Step RF slightly back while sweeping LF left and behind RF (4)
5&6& Step LF behind RF (5), Step RF right (&), Rock LF over RF (6), Recover weight to RF (&)
7&8 Step LF left (7), Step RF next to LF (&), Make 1/4 turn left stepping LF forward sweeping RF over LF (8) [9:00]

[9-16&] CROSS-BACK-SIDE-CROSS-BACK-TURN-CROSS, ROCK-RECOVER-CROSS-RECOVER TURN, STEP-PIVOT (CHASE)

1&2& Cross step RF over LF (1), Step LF back (&), Step RF next to LF (2), Cross step LF over RF (&)
3&4 Step RF slightly back (3), Make 1/4 turn left stepping LF left (&), Cross RF over LF (4) [6:00]
5&6 Rock LF to left (5), Recover weight to RF (&), Cross rock LF over RF (6)
&7 Recover weight to RF (&), Make 1/4 turn left stepping LF forward (7) [3:00]
8& Step RF forward (8), Pivot 1/2 turn left on balls of feet (&) [9:00]

[17-24]□ROCK, RECOVER-BALL-BACK, COASTER STEP-TOGETHER- STEP, STEP-PIVOT-CROSS

1-2& Rock RF forward (1), Recover weight to LF (2), Step ball of RF next to LF (&)
3 Step LF slightly back (3)
4&5 Step RF back (4), Step LF next to RF (&), Step RF forward (5)
&6 Step LF next to RF (&), Step RF forward (6)
7&8 Step LF forward (7), Pivot 1/4 turn right on balls of feet (&), Cross step LF over RF (8 [12:00])

[25-32&] BASIC NC2 LEFT, BASIC NC2 RIGHT, STEP & REACH, BOXER, COASTER STEP

&1 Make 1/4 turn left stepping RF back (&) Make 1/4 turn left stepping LF long left (1)
Restart here: After finishing the second wall, do the first 24 1/2 counts of the dance as written. On the 25th count, make 1/4 turn left, but step forward instead of long to the left. This is count (1) of the dance.
2&3 Step RF slightly behind LF (2), Cross LF over RF (&) Step RF right (3) [6:00]
4& Step LF slightly behind RF (4), Cross RF over LF (&)
5-6 Step LF out to left diagonally reaching up with palm to the sky (5-6)
7 Quickly step down on the RF bringing both hands into a fist in front of your chest (7)
8& Step LF back (8), Step RF next to LF (&) The next count is the first step of the dance (1)

Start the dance again!

TAG and ENDING:

After finishing 6 rotations of the dance, do the first 22 counts of the dance. Your right foot should be forward. This will bring you facing the 9:00 wall. Slowly raise your left arm up with the palm facing up. (You have roughly 4 counts) Hold until you hear Ty come back in with a loud (YAH). When the music comes back in, start the 16 count tag.

TAG: □(NC2 Movement With Full Turn)

- 1-2& Make 1/4 turn right stepping LF left (1), Step RF slightly behind LF (2), Cross LF over RF (&
 3-4& Step RF right (3), Step LF slightly behind RF (4) Cross RF over LF (&
 5-6& Make 1/4 turn left stepping LF forward (5), Step RF forward (6), Make 1/2 turn left on balls of
 feet (&
 7-8& Make 1/4 turn left stepping RF right (7), Step LF behind RF (8), Cross RF over LF (& [12:00]
 (Easy Option 1-8& : Do basic NC2 four times facing the front)
- 9-16& Do the last section of the dance starting with count 1. (Leave off the 1/4 turn left at the
 beginning □of the section)

ENDING:

- 1-32 After finishing the tag, do the 32 count dance one more time.
- 1-15 Dance 15 more counts of the next rotation. You will be facing the 9:00 wall with the left foot
 forward.
- 16& Rock step the right foot forward (16), Recover the weight to the left foot.(17)
- 17-20 Make 1/4 turn right stepping right foot right and raise your right arm up when Ty sings the
 word □“Fighter”.
- 21-24 On the second “Fighter”, raise your left arm out the left .
- 25 □Finish by bringing both fists to your chest.

The Tag and Ending sound way more complicated in writing. It is all in the music, and it will tell you what to do.

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