Make Me A Believer



拍数: 32 墙数: 4 级数: Beginner / Improver

编舞者: Jan Brookfield (UK) - January 2017

音乐: Testify (feat. Crystal Waters) - Hifi Sean



Alt. music: -

Michael Bolton - Old Time Rock and Roll.

"Boomerang" by Ward Thomas

NOTE: The video intro is 8 counts shorter than the intro on the music download

Start after 16 seconds (just before vocals)

Section 1: STEP, HOLD, RECOVER, ROCK, RECOVER, BEHIND, SIDE, CROSS SHUFFLE

1,2& With body angled on right diagonal step R forward, hold, recover back onto L

3,4 With body still angled on right diagonal rock R forward, recover onto L Step R behind L, step L to left side, shuffle across to left on R,L,R

Section 2: SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS SHUFFLE, STEP, 1/4 PIVOT TURN

9,10,11,12 Rock L to left side, recover onto R, step L behind R, step R to right side

13&14 Shuffle across to right on L,R,L

15,16 Step R to right side, make a quarter pivot left transferring weight onto L (9 o'clock)

Section 3: JAZZ BOX, TOUCH, STEP, SWIVEL, STEP, SWIVEL

17,18,19,20 Step R across L, step L back, step R to side, touch L next to R

21,22 Step L to left side keeping R in place with no weight, swivel R heel in towards L

23,24 Transfer weight onto R keeping L in place with no weight, swivel L heel in towards R

Section 4: HIP BUMPS x 3, TOUCH, CHASSE 1/4 TURN, CHASSE 1/4 TURN

25,26 Transfer weight onto L bumping hip out to side, transfer weight onto R bump R hip out to side

27,28 Transfer weight onto L bumping L hip out to side, touch R next to L

29&30 Chasse quarter turn right on R,L,R (12 0'clock)

31&32 Chasse another quarter turn right on L,R,L (3 o'clock)

KEEP IT GOING!