

Needles and Pins

拍数: 64 墙数: 2 级数: Beginner
编舞者: Charles & Sandra (UK) - January 2017
音乐: Needles and Pins - The Searchers : (iTunes)



(Section 1) Step, Together, Step, Touch, Step, Together, Step, touch

1 2 Step Right forward diagonally, Step Left next to Right
3 4 Step Right forward diagonally, Touch Left next to Right
5 6 Step Left forward diagonally, Step Right next to Left
7 8 Step Left forward diagonally, Touch Right next to Left

(Section 2) Back, Touch, Back, Touch, sway x4

1 2 Step back on Right diagonally, Touch Left next to Right
3 4 Step Back on Left diagonally, Touch Right next to Left
5 6 Step Right to side swaying hips, Sway hips Left
7 8 Sway hips Right, Sway hips Left

(Section 3) ½ pivot, Rock Recover, Coaster Step, Touch

1 2 Step forward Right, Pivot ½ turn Left - 6:00
3 4 Rock forward on Right, Recover on Left
5 6 Step back on Right, Step Left next to Right
7 8 Step forward on Right, Touch Left beside Right

(Section 4) Rocking chair, Jazz Box

1 2 Rock forward on Left, Recover on Right
3 4 Rock back on Left, Recover on Right
5 6 Cross Left over Right, Step back on right
7 8 Step Left to side, Touch Right beside Left

(Section 5) Step, Together, Step, Touch, Step, Together, Step, Touch□

1 2 Step Right forward diagonally, Step Left next to Right
3 4 Step Right forward diagonally, Touch Left next to Right
5 6 Step Left forward diagonally, Step Right next to Left
7 8 Step Left forward diagonally, Touch Right next to Left

(Section 6) ¼, ½, Rock Recover, Step, Together, Step, Touch

1 2 Make ¼ turn Right stepping forward, Make ½ turn Right stepping back on Left - 3:00
3 4 Rock back on Right, Recover on Left
5 6 Step Right forward diagonally, Step Left next to Right
7 8 Step Right forward diagonally, Touch Left next to Right

(Section 7) Step, Together, Step, Touch, Rock recover, ¼, Hold

1 2 Step Left forward diagonally, Step Right next to Left
3 4 Step Left forward diagonally, Touch Right next to Left
5 6 Rock forward on Right, Recover on Left
7 8 Make ¼ turn Right stepping to side, Hold - 6:00

(Section 8) Cross, Side, Cross, Rock Recover, Cross, Side, Hold

1 2 Cross Left over Right, Step Right to side
3 4 Cross Left over Right, Rock out to side
5 6 Recover on Left, Cross Right over Left
7 8 Step Left to side, Hold

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