

# One Life, One Love

拍数: 32                      墙数: 2                      级数: Improver  
编舞者: Guillaume Richard (FR) - January 2017  
音乐: Don't Let This Feeling Fade by Lindsey Stirling



Start of the dance : After 16 counts

## [1-8] : STEP & HEEL FANS X2 – STEP ½ TURN – COASTER STEP

1&2&                      Step RF forward – Spread heels outside – Back with the heels in – Step RF next to LF  
3&4&                      Step LF forward – Spread heels outside – Back with the heels in – Step LF next to RF  
5-6                        Step RF forward – Making ½ turn L and keep weight on RF  
7&8                        Step LF backward – Step RF next to LF – Step LF forward

## [9-16] : SCUFF – STEP – WEAVE – SWIVEL WITH ARMS MOVEMENT

1-2                        Scuff RF – Step RF to R (make a ¾ circle with your arms by L side and finish with arms at shoulders height)  
3&4                        Cross LF behind RF – Step RF to R – Cross LF over RF (keep your arms as count 2)  
5&6                        Step RF to R with R toe in – R toe out (arms as count 2) – Keep arms parallel pushing them down and turn your face down with  
7&8                        R toe in – R heel in (keep arms as count 6) – R toe back in the middle (Lay hands on top of each other at shoulder height)

## [17-24] : CROSS – SIDE – WEAVE – TRIPLE FULL TURN – PONY STEPS BACK

1-2                        Cross RF over LF – Step LF to L  
3&4                        Cross RF behind LF – Step LF to L – Cross RF over LF  
5&6                        Making ½ turn L stepping LF forward – Step RF next to LF – Making ½ turn L stepping LF forward (full turn on site)  
7&8                        Step RF backward and hitch L knee – Step LF next to RF – Step RF backward and hitch L knee

## [25-32] : Coaster Step – Scoot – Scuff & Touch – Rock Back

1&2                        Step LF backward – Step RF next to LF – Step LF forward  
3&4                        Scuff RF – Hitch R knee (with a little jump) – Step RF forward  
5&6                        Scuff LF – Step LF forward – Touch R toe behind LF  
7-8                        Put weight on RF (Put your hands on top of each other at shoulder height and look back in the same time) – Recover on LF

## TAG : At wall 6, do the next 8 counts following the beat of the music

1-2-3&4                      Stomp RF – Clap your hands – Stomp LF – Clap your hands – Clap your hands  
5-8                        Repeat the first 4 counts