

Set in Stone

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Colleen Archer (AUS) - December 2016
音乐: Set in Stone - Guy Sebastian : (Album: Part 1 EP - iTunes - 3:41)



Intro: 32 counts SP: Weight L BPM: 76 - Rotation: ¼ CCW

S1: Across, Side, Behind, Side, Across, Rock side, Turn ¼ Rec, ½ Turn Shuffle

1, 2 Step R across L, Step L to left side
3 & 4 Step R behind L, Step L to left side, Step R across L
5, 6 Rock step L to left side, Turn ¼ left taking weight onto R
7 & Turn ¼ left and step L to left side, Step R beside L
8 ##□Turn ¼ left and step L forward□(Restart wall 3)□(3)

S2: Rock Fwd, Rec, Tog, Rock back, Rec ¼ Paddle, Across, Turn ¼ & Back, Turn ¼ & Side

1, 2 & Rock step R forward, Recover L, Step R beside L
3, 4 Rock step L back, Recover R
5, 6 Step L forward, Turn ¼ right taking weight onto R
7 & Step L across R, Turn ¼ left and step R back
8 Turn ¼ left and step L to left side □□(12)

S3: Forward, Touch, Back, Lock, Back, Touch Back, Turn ½, Coaster, Together

1, 2 Long step R forward, Drag and touch L behind R heel
3 & 4 Step L back, Lock R across L, Step L back
5, 6 Touch R toe back, Turn ½ right taking weight onto L
7 & 8 Step R back, Step L beside R, Step R forward
& Step L beside R□(6)

S4: ¼ Paddle, Sailor, ½ Pivot, x-Samba

1, 2 Step R forward, Turn ¼ left taking weight onto L
3 & 4 Step R behind L, Rock step L to left side, Recover R
5, 6 Step L forward, Turn ½ right taking weight onto R
7 & 8 Step L across R, Rock step R to right side, Recover L□(9)

S5: Across, Back, Rumba, Back, Back, ½ Turning Shuffle

1, 2 Step R across L, Step L back
3 & 4 Step R to right side, Step L beside, Rock step R forward
5, 6 Step L back, Step R back
7 & 8 Turn ¼ left & step L to left side, Step R beside L, Turn ¼ left & step L forward□(3)

S6: ¼ Paddle, x-Shuffle, Rock side, Recover, Sailor

1, 2 Step R forward, Turn ¼ left taking weight onto L
3 & 4 Step R across L, Step L to left side, Step R across L
5, 6 Rock step L to left side, Recover R
7 & 8 #□Step L behind R, Rock step R to right side, Recover L (Restart wall 1)□(12)

S7: Behind, ¼ Turn & Fwd, Fwd, ½ Turn & Hook, Fwd, Tog, Tog, Fwd, Tog, Tog

1, 2 Step R behind L, Turn ¼ left & step L forward
3, 4 Step R forward, Turn ½ left & hook L up to R knee
5, 6 & Step L forward, Step R beside L, Step L beside R
7, 8 & Step R forward, Step L beside R, Step R beside L□(3)

S8: Rock Forward, Rec, Coaster, Rock side, ¼ Turn & Rec, ½ Turn & Back, ¼ Turn & Side

1, 2 Rock step L forward, Recover R
3 & 4 Step L back, Step R beside L, Step L forward
5, 6 Rock step R to right side, Turn ¼ left taking weight onto L
7, 8 Turn ½ left & step R back, Turn ¼ left & step L to left side□(3)

Begin dance again....□

Restart: #□Wall 1, dance first 48 counts and start wall 2 facing 12 o'clock.

Restart: ##□Wall 3, dance first 8 counts and start wall 4 facing 6 o'clock.

Finish:□Wall 5, dance to count 64.

Dance may be copied and distributed provided original steps remain unchanged.

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