

Two Step

拍数: 32 墙数: 4 级数: Beginner
编舞者: Fabien REGOLI (FR) - September 2016
音乐: Two Step - Laura Bell Bundy



RESTARTS: -

At the 3rd wall make the first section (resume the dance)

At the 9th wall make the first 3 sections (resume the dance)

TAG: in the 5th wall make the first 2 counts then the tag (Rockingchair in Syncopé) Then Resume the dance

SECTION 1 : Walk right fwd , Walk left Fwd, Mambo Fwd, Walk left back, Walk right Back, Sailors 1/2 L turn step

1-2 Step forward on left
3 & 4 Mambo forward (step forward to lean, step back on left, step right behind support)
5-6 LF / RF step backwards
7 & 8 Step back on left, turn ½ turn to left side, step right beside left, Step left beside left

SECTION 2 : Right grapevine hell jack, ½ turn, leftcross shuffle

1-2 Step right to right side, Cross step behind right
& 3 Step back on right, touch left heel forward
& 4 Step left beside right, cross right over left,
5-6 LF slightly behind ¼ turn to the right, step right to right side ¼ turn to the right
7 & 8 Cross left over right, step right to right side, Cross step left over right

SECTION 3 : Point right, point left, hell right,hell left, point right fwd ¾ right, Step fwd left, kick right

1 & 2 Step right to right side, step right to left side, Step left to left side
& 3 & 4 Lean back on left, Left heel forward, step right beside left, step left forward
& 5-6 Step back on left, step right behind left, ¾ right
7-8 Step forward on left, Kick forward on right

SECTION 4 : Shuffle back right, shuffle back left , Rock step back right,full turn fwd

1 & 2 Do not chase back PD (R / L / R)
3 & 4 Not driven back PG (L / R / L)
5-6 Step right behind right, step back on right
7-8 Pivot ½ turn to the left, support PD back, pivot ½ turn to the left PG in front of

Keep smiling and start dancing again