

# My Friend

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Low Intermediate  
编舞者: Glenda Silver (AUS) - December 2016  
音乐: My Friend - Simon Gallaher : (Album: All In Good Time)



**Restart: Wall 4 with Tag, Wall 8 both facing 6.00 o'clock wall.**

**Intro: 34 beats on piano before vocals.**

## **STEP SWEEP, STEP SWEEP,R COASTER STEP**

1&2&3&4      Step R forward, Sweep L from back to front, step forward L, sweep R from back to front R  
coaster step forward R (step R forward, tog with L, step R back).

## **STEP BACK SWEEP, STEP BACK SWEEP, 1/4 SAILOR L.**

5&6&7&8      Step back on L, sweep R from front to back, step R back sweep L from front to back , 1/4  
sailor L, step L behind R, 1/4 L, ( step L to side, replace weight onto R, step L to side).

## **FORWARD COASTER, BACK COASTER\*\***

1&2 3&4      Step R forward, L beside R, step back R, step back L, R beside L, step L forward\*\*.

## **ROCK FORWARD R, 1/2 TURN R SHUFFLE.\***

5 6 7&8&      Rock R forward, replace onto L, turn 1/2 R, shuffle forward R L R, stepping L beside R (&)\*.

## **ROCK R SIDE, REPLACE, BEHIND SIDE CROSS R. ROCK L SIDE , REPLACE, BEHIND SIDE CROSS L.**

1 2 3&4      Rock R to side, replace onto L weight on L, step R behind L step side L, cross R over L

5 6 7&8      Rock L to side, replace onto R weight on R, step L behind R step side R, cross L over R.

## **ROCK SIDE R, REPLACE, 1/4, SAILOR R.**

1 2 3&4      Rock R to side, replace with weight on L, step R behind L turning 1/4 R, L to side, replace  
onto R.

## **ROCK L TO SIDE, REPLACE R, BEHIND L, 1/4 R SHUFFLE, L BESIDE R.**

5&6, 7&8 &      Rock onto side L, replace stepping R to side (&), L behind R, 1/4 R shuffle R L R, stepping L  
beside R (&).

**RESTART: Wall 4,\* dance to beat 16&. Add Tag**

**TAG: 1&2, 3&4 (Quick rock & cross, rock & cross). Rock side R replace onto L and cross R over L (weight on R) Rock side L replace onto R and cross L over R ( weight on L) , Restart facing 6.00 clock wall, now becomes wall 5.**

**RESTART: Wall 8 \*\*facing 6.00, after beat 12 (coaster steps), now becomes wall 9.**

**FINISH: Dance first 8 beats, you will be facing front, replacing 1/4 sailor step L, with a L coaster step back, step forward onto R and drag L up to R. Ending facing front.**

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