

Momma, It's My Soul

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Forty Arroyo (USA) - December 2016
音乐: It's My Soul - Lynn August



**** Dedicated to The Webster Senior Center Line Dancers ****

Start on Vocals

[1-8] □ STOMP R, HOLD, LEFT SHUFFLE FORWARD - REPEAT

1,2 Stomp right slightly forward, Hold
3&4 Shuffle forward: Step forward on L, Step R next to L, Step forward on L
5-8 REPEAT steps 1 thru 4 above

[9-16] □ BACK, TOUCH, BACK, TOUCH - REPEAT

1,2 Step back on R (right diagonal), Touch L next to R
3,4 Step back on L (left diagonal), Touch R next to L
5-8 REPEAT steps 1 thru 4 above

[17-24] VINE RIGHT WITH A HITCH (OR TOUCH), VINE LEFT WITH ¼ L WITH HITCH OR TOUCH

1-4 Step R to side, Step L behind R, Step R to side, Hitch L (or touch L next to R)
5-8 Step L to side, Step R behind L, Step forward on L turning ¼ to left, Hitch R (or touch R next to L)

[25-32] TOUCH, STEP, TOUCH, STEP, HEEL TAP, STEP, HEEL TAP, STEP

1-4 Touch R out to side, Step R next to L, Touch L out to side, Step L next to R
5,6 Tap R heel forward (right diagonal), Step R next to L
7,8 Tap L heel forward (left diagonal), Step L next o R

Start over.... and remember... if you MESS UP...CRACK UP!!

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