

I Am Me (I Love My Life)

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Willie Brown (SCO) & Heather Barton (SCO) - January 2017
音乐: Love My Life (Adam Turner & James Hurr Remix) - Robbie Williams



Intro; ☐ Very quick - ONE SECOND!!! On the word 'life'.....eg 'I love my life'

SECTION 1 – RIGHT CROSS ROCK, RECOVER, CHASSE, LEFT CROSS ROCK, RECOVER, CHASSE

1,2 Rock Right across front of Left, recover weight back on Left
3&4 Step Right to Right side, close Left beside Right, step Right to Right side
5,6 Rock Left across front of Right, recover weight back on Right
7&8 Step Left to Left side, close Right beside Left, step Left to Left side

SECTION 2 – CROSS, ¼ TURN, STEP BACK x3, TOUCH TOGETHER, FWD ROCK, RECOVER/HITCH

1,2 Cross Right over Left, turn ¼ Right and step back on Left
3,4 Step back on Right, step back on Left
5,6 Step back on Right, touch Left toe beside right
7,8 Rock forward on Left, recover weight back on Right whilst hitching Left knee

SECTION 3 – STEP FWD, TOUCH FWD, TOUCH SIDE, FLICK BEHIND, SIDE, BEHIND, CHASSE

1,2 Step forward on Left, touch Right toe forward
3,4 Touch Right toe out to Right side, flick Right foot up behind Left knee
5,6 Step Right to Right side, cross Left behind Right
7&8 Small step Right to Right side, close Left beside Right, small step Right to Right side

SECTION 4 – SIDE, BEHIND, ¼ TURN SHUFFLE FWD, 1/2 PIVOT, 1/4 PIVOT

1,2 Step Left to Left side, cross Right behind Left
3&4 Turn ¼ Left and step forward on Left, close Right beside Left, step forward on Left
5,6 Step forward on Right, pivot ½ turn Left taking weight on Left
7,8 Step forward on Right, pivot ¼ turn Left taking weight on Left

...START AGAIN...

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