

My Youthful Days

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Beginner
编舞者: Molly Yeoh (MY) - January 2017
音乐: Shao Nian De Wo (少年的我) - Fung Fei Fei (鳳飛飛)



Intro : 1 x 8

SECTION 1 (1 to 8) SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, ROCK RECOVER, HALF TURN SHUFFLE FORWARD

1&2, 3 & 4 Cha cha R fwd, cha cha L fwd,
5 6 ,7& 8 R fwd rock recover on L, ½ turn to 6 o'clock, Step R fwd, L step beside R, fwd R

SECTION 2(9-16) SHUFFLE FORWARD LEFT, SHUFFLE FORWARD RIGHT, ROCK RECOVER, TRIPLE STEPS ¾ LEFT TURN

1&2, 3 & 4 Cha cha L fwd, cha cha R fwd,
5 6, 7&8 L rock fwd recover on R, L ¼ L turn step beside R(weight on L), R ¼ L turn step beside L,
(Weight on R) L ¼ L turn step fwd (facing 3 clock)

SECTION 3(17-24) WEAWE TO RIGHT, WEAWE TO LEFT

1 2 3 4 R step to R, L step behind, R step to R, L point to L beside R
5 6 7 8 L step down, R step behind L, L step to L, R point to R beside L

SECTION 4(18-32) SWAY RIGHT, SWAY LEFT, JAZZ BOX

1&2 Step down R sway hips to R(1), sway to L(&), sway to R(2)
3&4 Step down on L sway hips to L(3), sway to R(&), sway to L(4)
5 6 7 8 Cross R over L, L step back, R step fwd...and start the dance again!

Beginners will enjoy this simple dance!

Contact me at: suanyeoh@hotmail.com