

Blurred Up Cha Cha

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: William Sevone (UK) - January 2017
音乐: Got to Give It Up, Pt. 1 - Marvin Gaye : (iTunes / Amazon)
或: Blurred Lines (Karaoke Instrumental) - Robin Thicke



Alt Music: "Blurred Lines (4m 24sec Karaoke Instrumental)" (120 bpm)... Robin Thicke & Co

Choreographers note:- This dance is VERY tight due to tempo – use small/shorts step at ALL TIMES
Important Notice regarding the 'Blurred Lines' music – The Karaoke instrumental is preferred, the fully censored version is fine BUT the uncensored version is NOT - please do NOT use that version with THIS dance.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts with weight on the left foot and right toe slightly to right then -

Blurred Lines: perform the Preparatory Step on Count 4 (after the 'pause' at the start of the music) the dance proper start on Count 5.

Got To Give It Up: perform the Preparatory Step on Count 14 (from start of heavy beat of intro/vocals) the dance starts proper on Count 15.

PREPARATORY STEP: Shift weight to RIGHT foot by dropping heel to floor.

SECTION 1 (1-8): 2x Diagonal Rock-Recover-Chasse (12:00)

2-3-4&1 Rock left diagonally forward right. Recover on right. Small step Chasse left: LRL
2-3-4&1 Rock right diagonally forward left. Recover on left. Small step Chasse right: RLR

SECTION 2 (9-16): 1/4 Fwd. 1/2 Pivot, Shuffle. (#) Fwd. 1/2 Pivot. 1/4 Chasse (12:00)

2-3-4&1 Turn ¼ right (3) & step forward left. Pivot ½ right (9). Shuffle forward stepping: LRL
2-3-4&1 Step forward onto right. Pivot ½ left (3). Turn ¼ left (12) & small step Chasse right: RLR

SECTION 3 (17-24): Diagonal Rock. Recover. 1/2 Shuffle. (#) Walk Fwd:R-L. Coaster (6:00)

2-3-4&1 Rock left diagonally forward right. Recover on right, Turn ¼ left (9) & step left to left side, step right next to left, turn ¼ left (6) & step forward onto left.
2-3-4&1 Walk forward: Right-Left. Rock forward onto right, step left next to right, step backward onto right.

SECTION 4 (25-32): Back. 1/2 Fwd. Side-Together-Fwd. (#) Walk:R-L. Side-Together-Fwd (12:00)

2-3-4&1 Step backward onto left. Turn ½ right (12) & step forward onto right. Press left to left side, recover on right, step forward onto left.
2-3-4&1 Walk forward (in line): Right-Left. Press right to right side, recover on left, step forward onto right.

SECTION 5 (33-40): 1/2 Pivot. Together. Jiggle Hips. (#) Fwd. Together. Jiggle Hips (6:00)

2-3-4&1 Pivot ½ left (6). Step right next to left. Jiggle hips: Out-Centre-Out
2-3-4&1 Step forward onto left. Step right next to left. Jiggle hips: Out-Centre-Out.
Style note: □ During hip 'jiggle' – bend arms at elbows & raise hands to head level.

SECTION 6 (41-48): Walk Fwd:L-R. Rock-Rock-Step. (#) Walk Fwd:R-L. Rock-Rock-Step (6:00)

2-3-4&1 Walk forward: Left-Right. Rock forward onto left, rock back onto right, step onto left.
2-3-4&1 Walk forward: Right-Left. Rock forward onto right, rock back onto left, step onto right.

SECTION 7 (49-56): New York with Chasse. (#) New York with 3/4 Chasse Lead Out (12:00)

2-3-4&1 Turn ¼ right (9) & rock forward onto left. Recover on right. Turn ¼ left (6) & small step Chasses left: LRL.

2-3-4&1 Turn ¼ left (3) & rock forward onto right. Recover on left. Turn ¾ right (12) on the spot stepping RLR.

SECTION 8 (57-64): Walk Fwd:L-R. Rock-Rock-Step. (#) Walk Fwd:R-L. Rock-Rock-1/4 Side (3:00)

2-3-4&1 Walk forward: Left-Right. Rock forward onto left, rock back onto right, step onto left.

2-3-4&1 Walk forward: Right-Left. Rock forward onto right, rock back onto left, turn ¼ right (3) & step right to right side.

Dance Finish: □

Blurred Lines – will finish at end of Wall 8 (count 64) facing 'Home' – simply hold position.

Got To Give It Up – will finish at the end of Wall 7 (count 64) facing 9.00

(to end facing the 'Home' ..simply change Count 64 to ½ right)
