

Samba Rockabye

拍数: 64 墙数: 2 级数: Intermediate
编舞者: HR Adi (INA) - January 2017
音乐: Rockabye (feat. Sean Paul & Anne-Marie) - Clean Bandit



Start On Vocal

S1: Diagonal Lock Step Forward – Right – Left – Cross Samba

1&2 Step fwd R, step L behind R, step fwd R
3&4 Step fwd L, step R behind L, step fwd L
5a6 Step R cross over L, step L to L side step R to R side
7a8 Step L cross over R, step R to R side, step L to L side

S2: Volta Step $\frac{3}{4}$ Turn Right – Back Samba

1&2& $\frac{1}{4}$ turn right and step fwd R, step L next to R, $\frac{1}{4}$ turn right and step fwd R, step L next to R
3&4 $\frac{1}{4}$ turn right and step fwd R, step L next to R, step fwd R
5a6 Step L to L side, step back R, recover L
7a8 Step R to R side, step back L, recover R

S3: Diagonal Lock Step Forward – Left – Right – Cross Samba

1&2 Step fwd L, step R behind L, step fwd L
3&4 Step fwd R, step L behind R, step fwd R
5a6 Step L cross over R, step R to R side, step L to L side
7a8 Step R cross over L, step L to L side, step R to R side

S4: Volta Step $\frac{3}{4}$ Turn Left – Back Samba

1&2& $\frac{1}{4}$ turn left and step fwd L, step R next to L, $\frac{1}{4}$ turn left and step fwd L, step R next to L
3&4 $\frac{1}{4}$ turn left and step fwd L, step R next to L, step fwd L
5a6 Step R to R side, step back L, recover R
7a8 Step L to L side, step back R, recover L

S5: Out – Out – Stomp – Stomp - Rock Recover – $\frac{1}{4}$ Turn Left – Full Turn Left

1-2 Step fwd R, step fwd L
3&4 Stomp step back R, stomp step back L, stomp R
5&6 Cross L over R, recover R, $\frac{1}{4}$ turn left step fwd L
7&8 $\frac{1}{2}$ turn left step back R, $\frac{1}{2}$ turn left step fwd L, step fwd R

S6: Chasse – Rock Recover – Cross Weave – Side Together

1&2 Step L to L side, step R next to L, step L to L side
3&3 Cross R over L, recover L, step R to R side
5&6& Cross L over R, step R to R side, step back L, Step R to R side
7&8 Cross L over R, step R to R side, step L next to R

S7: Monterey – Twist Heels x2

1&2& Touch R toe to R side, $\frac{1}{4}$ turn step R next to L, touch L toe to L side, step L next to R
3&4& Touch R toe to R side, $\frac{1}{4}$ turn step R next to L, touch L toe to L side, step L next to R
5&6 Step R to R and twist both Heels to R, twist both heels to L, twist both heels to R
7&8 Step L to L and twist both heels to L, twist both heels to R, twist both heels to L

S8: Heels Touch – Hook – Forward x2 - $\frac{1}{4}$ Turn Right

1&2 Fwd touch heels R, hook R, step fwd R
3&4 Fwd touch heels L, hook L, step fwd L

5&6 Cross R over L, 1/8 turn right step back L, step back R
7&8 Step back L, 1/8 turn right step R to R side, step fwd L

Restart: in the 2nd wall you'll dance up to section 6 but change counts &8 ¼ turn left to restart to the front wall. (12:00)

&8 ¼ left step back R, step L next to R

Tag 1 : after the 3rd wall (6:00) Count : 16

Cross Shuffle – Cross Shuffle

1&2& Cross R over L, step L to L side, cross R over L, step L to L side
3&4 Cross R over L, step L to L side, cross R over L
5&6& Cross L over R, step R to R side, cross L over R, step R to R side
7&8 Cross L over R, step R to R side, cross L over R

Volta Step X4 Making A Full Turn Right

1&2& Make a ¼ turn right and step forward right foot, step left foot next to right foot, make a ¼ turn right and step forward right foot, step left foot next to right foot
3&4 Make a ¼ turn right and step forward right foot, step left foot next to right foot, make a ¼ turn right and step forward right foot

Volta Step X4 Making A Full Turn Left

5&6& Make a ¼ turn left and step forward on left foot, step right foot next to left foot, make a ¼ turn left and step forward on left foot, step right foot next to left foot
7&8 Make a ¼ turn left and step forward on left foot, step right foot next to left foot, make a ¼ turn left and step forward on left foot

BRIDGE: in the 5th wall (9:00) dance up to section 2 (count 16), the music slows down a little, dance to the music and add following steps and go on with section 3

Continue to section 3,4,5,6,7,8

Rocking Chair

1-2-3-4 Step fwd L, recover R, step back L, recover R

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