

# Never Bring Me Down

**COPPER** **KNOB**  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Early Intermediate  
编舞者: Kathryn Sloan (AUS) & Kelvin Dale (AUS) - January 2017  
音乐: Shout Out to My Ex - Little Mix : (Album: Glory Days, Deluxe concert film edition / So fresh hits of summer + best of 2016)



Clockwise direction, 1 Restart, 1 Tag  
Starts 4 counts in with weight on left - 126 BPM

**[1 – 8] Walk, walk, shuffle, rock, replace, half shuffle (or 1 ½ shuffle) (6.00)**

1,2,3&4      Step forward on R, step forward on L, step forward on R, step L beside R, step R forward\*  
5,6,7&8      Rock L forward, replace weight on R, turning 180 left step L forward, step R beside L, step R forward (or 1 ½ shuffle)

**[9 – 16] Cross, side, sailor, cross, side, behind, side, cross□(3.00)**

1,2,3&4      Cross R in front of L, step L to left side, step R behind L, step L beside R, replace weight to R  
5,6,7&8      Cross L in front of R, step R to right side, step L behind R, step R to right side, cross L in front of R

(For styling, shrugs can be included on the holds)

**[17 – 24] Rock, hold, &, cross, hold, &, cross, quarter, pivot half□ (9.00)**

1,2,&3,4      Rock R to right side, hold, replace weight to L, cross R in front of L, hold  
&5,6,7,8      Step L to left side, cross R in front of L, turning 90° left, step L forward, step R forward, pivot 180° left replacing weight to L

**[25 – 32] Rock, replace, &, rock, replace, &, paddle quarter, paddle quarter (3.00)**

1,2&3,4      Rock R forward, replace weight to L, replace weight to R, rock L forward, replace weight to R  
&5,6,7,8      Replace weight to L, step R forward, turning 90° left replace weight to L, step R forward, turning 90° left replace weight to L

**[32] counts - Repeat**

**Restart: On wall 6 dance up to count 8\* and restart**

**Tag: At the end of wall 13 add a 4 count tag**

1-4      Rocking chair.  
1,2,3,4      Rock forward on R, replace weight to L, rock back on R, replace weight to L

KELVIN DALE – 0414 795 528  
KATHRYN SLOAN – 0402 219 272  
[www.redhotandcountry.com.au](http://www.redhotandcountry.com.au)  
[redhotandcountry@gmail.com](mailto:redhotandcountry@gmail.com)