

At It Again (Don't Wanna Know)

COPPERKNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Novice
编舞者: Derek Steele (USA) & John Robinson (USA) - January 2017
音乐: Don't Wanna Know (feat. Kendrick Lamar) - Maroon 5



Intro: 16 counts - No Tags Or Restarts

[1-8]: □ R SIDE ROCK & HOME, L SIDE ROCK & HOME, R FORWARD ROCK & HOME, RUN BACK X3

1&2 R rock side right (1), L recover (&), R step beside L (2)
3&4 L rock side left (3), R recover (&), L step beside R (4)
5&6 R rock forward (5), L Recover (&), R step beside L (6)
7&8 L step back L (7), R step back R (&), L step back (8)

[9-16]: □ R KNEE ROLL w/HIP ACTION, L KNEE ROLL w/HIP ACTION (turning 1/4 left), 1/2 TURN LEFT, R KICK-BALL-CHANGE

1&2 R knee roll out rotating hips right twice (weight finishes R)
Styling option: On 5th repetition, point left forefinger to 3:00 wall "this one"
3&4 Turning 1/4 left (9:00), L knee roll out rotating hips left twice (weight finishes L)
Styling option: On 5th repetition, point right forefinger toward 9:00 wall "that one"
5,6 R step forward (5), Turn 1/2 left (3:00) (weight finishes L) (6)
7&8 R kick forward (7), R step beside L (&), L step beside R (8)

[17-24]: □ BIG ANGLED STEP FORWARD, TOUCH, ANGLED TRIPLE BACK, BIG ANGLED STEP BACK, L COASTER STEP

1-2 Facing 1:30, R big step forward diagonally right (toward 4:30) (1), L touch beside R (2)
3&4 Facing 1:30, L step side left (3), R step beside L (&), L step side left (4)
Styling option: add "funky knees" – bending them out-in-out
5,6 Facing 4:30, R big step back diagonally right (toward 7:30) (5), L touch beside R (6)
7&8 Squaring up to 3:00, L step back (7), R step beside L (&), L step forward (8)

[25-32]: WALK FORWARD R-L, CROSS-SIDE BALL-CHANGE, CROSSING TRIPLE, TURN 1/4 LEFT, TURN 1/4 LEFT

1,2 R step forward (1), L step forward (2)
3&4 R step across L (3), L rock side left (&), R recover (4)
5&6 L step across R (5), R step side right (&), L step across R (6)
7,8 Turn 1/4 left stepping R back (7), Turn 1/4 left stepping L side left (8)

START AGAIN AND ENJOY!

CONTACT INFO

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